



PASS IT ON

Eastside Intergroup Newsletter

Issue 77 Oct 2023

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From the Spiral #46

by Matthew T.

The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

1. We always find out God's plan right after it happens

My learning style is similar to that of most people in that I stop touching the hot stove AFTER I get burned. If you tell me not to do something, I will surely do it until the consequences are great enough for me to take action. This is not to say that God wants me to suffer until I submit to his will, but as I write this, I think that is the idea. My God does not want to hurt me, but life on life's terms is in fact hurtful until I stop and ask him, "Okay, I've had enough. What would you do?" Asking is a prayer. Pausing is humility and a sign a spiritual growth. Pain comes before the growth. We have spent enough time intentionally hurting ourselves, our way, to achieve serenity and answers so please do not go out and seek pain. Instead, pause every so often to ask yourself: "Is this the ONLY way?"

2. He's always there if I open my mouth and talk to him

Remember when you were a kid learning to ride a bicycle and the person teaching you was holding on to the back of your seat? Once you knew you had it, what did you say? "I got it – let go!" Then what happened? You rode off and no longer needed help to ride your bike. We were conditioned to behave like this at a young age and we are survivalists by nature so we are designed to get far on our own. A stop sign, however, is where we get confused. Knowing when to change direction, stop, or slow down is a harder call to hear. As a species, we struggle to observe ourselves as we live, which is why including a Higher Power, the fellowship, and a Sponsor to your board of directors has such a powerful impact on recovery. The "He" from the line above can be your Sponsor, a voice on the other end of your phone, or a stranger at a meeting. God is also there too whether you believe it or not. Ask and you shall receive is as exciting as it is terrifying if you have experienced an answer to your prayers in the program so be careful what you pray for.

3. Fellowship is what gave me hope that I could do this

The truth of it is that stopping drinking was relatively easy for me. Staying stopped was impossible. How could I stop using something that I needed? Alcohol was my armor, my security blanket, and my super power. Without it, I was totally defenseless. As soon as I started attending meetings, I felt a sense of hope that I could cut with a knife. I knew in my heart that all these people were handling life on life's terms sober and laughing about it. All I had to do was start to ask them, "How are you doing this?" The men and women of this program invited me into their world. I met their families, dogs, kids, and bosses. Seeing the promises work in their everyday lives and seeing them have fun without booze helped me stay stopped and continue to do so five years later. If you want to stop and stay stopped, just put yourself in the herd. We won't hurt you.

I hope this helps, and I'll see you at a meeting

-Matthew T.



EASTSIDE INTERGROUP OFFICE REPORT

10/5/2023

September was a momentous month at Eastside Intergroup. After 12 years of dedicated and exemplary service to the ESIG and the Eastside AA community, Nancy has left for a well-earned retirement. There was a wonderful retirement party in her honor on Labor Day. For those that were able to make it we had a wonderful time honoring the most special of all special workers!

While there were no events held in September, it was a busy month around the office. We began our migration on our two major computer systems. As of this writing we are running in both and working out a few bugs, or if you're a programmer, discovering the undocumented features of the systems! As part of the lease extension negotiations the landlord agreed to have a kitchenette installed in our office space. That work took place in September and was completed last week. A great addition, please stop by and check it out! Gratitude dinner flyers are coming in, please stop by and grab a few of those plus any other flyers you find interesting. And, if your groups are planning any holiday alcathons, please get the information to us as soon as possible.

Sales data from The Store: AA Published – 26 items, 358 pieces; AA Grapevine – 10 sales, 22 items; Coins – 9 items, 547 pieces; Hazelden and Other Literature – 18 items, 38 pieces; The rest – 24 items, 213 pieces. A number of the AA Published literature went to Corrections and a few pamphlets to an Event that our CPC Chair David B attended.

We had a great month with volunteers, including two new ones to go along with the one who started in August. Welcome Jim M; Chris D; and Sarah! Here is the volunteer honor roll for the month of September: Ted W, Charlie G, Chris D, Ken T, Robin R, David N, Sally M, Lynn B, Lisa S, Ed H, Vince Y, Carla L, Wallene D, Jim M, Sarah M, and of course, Benedict. We really had some folks go above and beyond!

This past month the Hotline fielded 48 phone calls. Hotline volunteers were Carmen A, John W, Chuck M, Tomi D, Tom Z, Ginny K, Elton B, Cindy S, Mark J, Marisa S, Travis S, Jamie C, Katie K, Ryan P, Peter K, Tammy K, Richard J, Jim M, Ben D, Michael L, Doug H.. A special thanks to Cindy S who is stepping back after many years of dedication to the hotline. There will be some fancy shoes to fill! Tom Z, who has been our Hotline coordinator for some time now is passing the torch to Tim B.

For the past few months I've been attending a Friday morning meeting via Zoom with Intergroup Office Managers from around the country and Canada. It's a great resource for hearing about how we all handle issues which arise in our offices and there's been some great consensus building. Recent topics of conversation have been Point of Sale systems, how we recruit and manage office volunteers, issues with AA Grapevine Publications (as a vendor) and many more. I look forward to more interaction with my peers.

Lastly, I know everyone has missed Nancy already. She will be filling in for me the weeks of October 9 and October 16 while I'm recovering from knee replacement surgery. Stop by and visit her!

In love and service,
Doug H

District 34 Gratitude Dinner

November 18, 2023,

6:00 – 9:30 p.m.

North Bellevue Community Center
4036 148th Ave. N. Bellevue, WA 98007

5:30 p.m. Doors Open - 6:00 Dinner

7:00 Meeting Readings, Steps, Traditions & Promises

7:15 – 7:45 Al-anon speaker – Magdalena E. Seattle, WA

7:45 – 8:15 – Sobriety Countdown

8:15 – 8:45 – A.A. Speaker - David L. – Ashburn, VA

Tickets are \$5.00 for this self-supporting event.

Turkey/Hams are provided by each group in the district that is attending. Pre-cut or sliced ahead of time would be very helpful.

Individuals, please bring a dish to share with others. It is suggested to bring a dish using the first letter in your last name.

A-G – Salads, Stuffing, Dinner Rolls Etc.

H-P – Side Dishes, Yams, Green Beans Etc.

R-Z – Desserts, Pies, Cookies, Cakes Etc.

For additional information contact:

Jennifer M. – 773-398-5325 jenmanning@nuc.com

Allison F. - 385-321-8264 allfynn411@gmail.com



DISTRICT 36

GRATITUDE DINNER

PLEASE BRING THE FOLLOWING SIDE DISH
ACCORDING TO YOUR AA BIRTHDAY MONTH:

JAN - JUNE: POTATOES, RICE, PASTA

JULY - AUGUST: GREEN SALAD

SEPT - OCT: COLD SIDE DISH/VEGETABLE

NOVEMBER: BREAD

DECEMBER: DESSERT

MEAT TO BE PROVIDED BY EACH MEETING
GROUP

SI VIEW COMMUNITY CENTER

400 SE Orchard Dr
North Bend, WA 98045

NOVEMBER 11TH

5PM TO 9PM

DINNER STARTS AT 6PM
SPEAKERS START AT 7PM

On - Site Babysitting Provided

Tickets \$8 - Purchase in Advance at SnoValleyaa.org



District 38

Gratitude Dinner



November 18, 2023

Eastside Church
14520 100th Ave. NE
Bothell WA. 98011

Doors Open 4:30
Event Starts 5:30
Event Ends 9:00

Please bring the following side dish according to your AA Birthday Month:

Jan-June: Potatoes,
Rice Pasta

July-August: Green
Salad

Sept-Oct: Cold Side
Dish, Vegetable

Nov: Bread

December: Dessert

**Suggested \$8.00
Donation Per Person**

Speakers
50-50 Raffle
Sobriety-Countdown

**Meat will be provided by
each Homegroup**

For more information: Ray H. 206-427-8228

District 39 | 2023 Gratitude Dinner

Date: Nov 11th, 2023
Time: 5:30 – 8:30 PM

East Side Church
14520 100 Ave NE
Bothell WA 98011
300 max capacity

Please bring a side dish based on first letter of your last name:

A-F: Appetizer
G-L: Sides
M-R: Salads
S-Z: Dessert

Groups: Please Supply a sliced Turkey or Ham

If you can bring two sides, it would be much appreciated.

\$10.00 per ticket at the door

Join the fun, experience, strength and hope, with opportunity to buy raffle tickets and a chance to win cash prize.

Evening schedule

4:00 pm	Setup
5:30 pm	Meet and Greet
6:00 pm	Dinner
7:15 pm	1st guest Speaker: Michael O'
8:00 pm	2nd guest Speaker: Brendan D





Live at Pine Lake

Speakers Meeting

Saturday October 14, 2023
7PM

Featuring
Jeff V. from Fargo, ND
&
Chloë J. from Seattle

Pine Lake Covenant Church

1715 228th Ave SE, Sammamish, WA



Please bring your friends
to experience the Fellowship of AA

Livecast Zoom ID: 977 787 8779

Password: 1212

Speakers subject to change

KING COUNTY JUVENILE DETENTION CENTER

Carry the Message Behind the Walls

SERVICE OPPORTUNITY

Bring an A.A. Meeting into Youth Detention Center

Requirements:

2 years clean & sober

2-5 years since criminal justice system involvement

SIGN UP FOR A WEEKLY SLOT



Thursdays
7 PM - 8 PM



1211 E. Alder St.,
Seattle, WA 98122

Greater Seattle Intergroup
Volunteer corrections@seattleaa.org

**Betty Ford
Treatment
Center Speaker
Panel**

**Share your Experience, Strength
and Hope!!**

- **Looking for Panel Speakers on the 1st Thursday of Every Month**
- **One-Hour Virtual Commitment**
- **Time slots are 9:00 AM & 6:00 PM**
- **Give back what was so freely given to you!!**
- **Email request to District 34 Chairperson:**

dist34treatment@area72aa.org

grapevine Writing Workshop



Please Join ESIG & District 39 Literature Reps
for a fun writing workshop
(*no writing experience required*)

October 21st

9am-noon followed by Pizza

What to Bring:

Writing Paper/Journal/pen or pencil

Laptops (optional)

Kelsey Creek Church Room 108

1221 148th Ave NE, Bellevue 98007

RSVP: grapevine@eastsideaa.org

20 spaces available

Volunteers! Generosity! Birthday Club!

Thank You Hotline Volunteers!

Carmen A.	John W.	Chuck M.	Marisa S.	Katie K.
Tomi D.	Tom Z.	Ginny K.	Travis S.	Ryan P.
Elton B.	Cindy S.	Mark J.	Jamie C.	Peter K.
Tammy K.	Richard J.	Jim M.	Ben D.	Michael L.
		Doug H.		

24 Hours



425-454-9192

Thank You Office Volunteers!

Jim M. Chris D. Sarah Carla Y. Sally M. Robin R. Lisa S. David N. Charlie G.
Lynn B. Ken T. Wallene D. David B. Ted W. Vince Y. Ed H.

Faithful Fivers!

Faithful Fivers donate \$5/month to support ESIG

Nancy O.

Terri P.

Birthday Club! This Works!



- **Celebrate Your Birthday in This Space!**
- **Home Group!**
- **Years of Success!**



Join the Eastside Intergroup Birthday Club!

Many of our members contribute to ESIG \$1, \$2, or \$5 per year during their

AA Anniversary month.

We'll print your name, sobriety date and home group in our Newsletter.

Your Birthday Club contributions directly support your Eastside Intergroup Office which provides a 24 hour phone line, literature, coins and more!

Get your name & home group in the newsletter!

Send this form to: Eastside Intergroup
13401 Bel Red Rd. #B6
Bellevue, WA 98005

Or Venmo: @Eastside-Intergroup

Name _____

Home Group _____

Sobriety Date _____

Contribution \$ _____

ESIG YTD Group Contributions

Pg1

Group Name	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul 23	Aug 23	Sep 23	TOTAL
12 & 12 Fellowship Hall	\$ -	\$ 1,000.00	\$ -	\$ 1,000.00	\$ -	\$ -	\$ 750.00	\$ -	\$ -	\$ 2,750.00
68 Minutes At Pine Lake	\$ -	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00
90 Minutes In Preston	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 545.63	\$ 545.63
A Way Up	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500.00
A Woman's Way	\$ -	\$ -	\$ -	\$ 312.80	\$ -	\$ -	\$ 113.60	\$ -	\$ -	\$ 426.40
Agnostics In Progress	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00
Anchor Group	\$ 150.00	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ 150.00	\$ 150.00	\$ 600.00
Anonymous	\$ 1,915.94	\$ 388.74	\$ 347.74	\$ 123.83	\$ 134.74	\$ 154.74	\$ 204.74	\$ 254.74	\$ 97.74	\$ 3,622.95
Any Lengths Group	\$ -	\$ -	\$ -	\$ -	\$ 300.00	\$ -	\$ -	\$ -	\$ -	\$ 300.00
Bel-Kirk Saturday Breakfast	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Bel-Est Lunch Group	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Bellevue Group	\$ -	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ 250.00	\$ -	\$ -	\$ 650.00
Bellevue Men's Meeting	\$ -	\$ -	\$ -	\$ 540.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 540.00
Bellevue New Group	\$ -	\$ -	\$ -	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500.00
Benevity Fund Donation	\$ 350.00	\$ 1,700.00	\$ 200.00	\$ 600.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 4,850.00
Better Odds Sober	\$ -	\$ -	\$ 250.00	\$ -	\$ 100.00	\$ 250.00	\$ -	\$ -	\$ -	\$ 600.00
Big Book Step Study	\$ 74.03	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 21.00	\$ -	\$ -	\$ 95.03
Bills Kitchen	\$ 20.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 20.00
Came To Believe (Carnation)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 176.11	\$ 79.50	\$ -	\$ -	\$ 255.61
Counter Sales	\$ -	\$ 20.53	\$ 80.97	\$ -	\$ 0.92	\$ -	\$ -	\$ 11.46	\$ -	\$ 113.88
District 34	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,832.28	\$ -	\$ -	\$ 1,832.28
District 38	\$ -	\$ 333.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 333.00
Downtown Stag	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Duvall Big Book Study	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 400.00
Duvall Candlelight	\$ -	\$ 137.30	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 137.30
Eastside Beginners	\$ -	\$ -	\$ 643.25	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 643.25
Eastside Men's Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 350.00	\$ -	\$ 350.00
Eastside Open Breakfast	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ 200.00
Eastside Women	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 112.00	\$ -	\$ 112.00
Essentials	\$ 265.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 265.00
Fresh Start	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ 150.00	\$ -	\$ 300.00
Friday Night Firehouse	\$ -	\$ -	\$ 140.00	\$ -	\$ -	\$ -	\$ 10.00	\$ -	\$ -	\$ 150.00
Friday Night Live and Let Live	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 167.50	\$ -	\$ -	\$ 167.50
Frontstream	\$ -	\$ -	\$ -	\$ 2,193.97	\$ -	\$ -	\$ 1,920.00	\$ -	\$ -	\$ 4,113.97
Frontstream (Costco)	\$ 1,200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,200.00
Gay Men In Recovery	\$ -	\$ -	\$ -	\$ 180.00	\$ -	\$ -	\$ 42.00	\$ -	\$ -	\$ 222.00
Grace Rules	\$ 177.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 177.00
Higher Powered at Gold Creek	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 484.42	\$ -	\$ -	\$ -	\$ 484.42
HOW - Women NorthBend	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 25.00	\$ -	\$ -	\$ 25.00
Joy Of Living	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00	\$ 525.00	\$ 575.00
Kenmore Big Book	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00	\$ -	\$ 250.00
Kindred Spirits	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ 100.00
Kirkland Attitude Modification	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ 50.00	\$ -	\$ -	\$ -	\$ 100.00
Kirkland Sobriety Headquarters	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ 250.00
Ladies Step Study	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 76.00	\$ -	\$ -	\$ -	\$ 76.00
Lifeline	\$ -	\$ 279.74	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 140.00	\$ -	\$ 419.74
Living Sober	\$ 212.27	\$ 297.31	\$ 189.25	\$ 300.00	\$ 284.50	\$ 87.50	\$ 168.00	\$ 398.59	\$ -	\$ 1,937.42
Living Sober Online	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 92.02	\$ 10.60	\$ -	\$ 102.62

ESIG YTD Group Contributions

Pg2

	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul 23	Aug 23	Sep 23	TOTAL
Maximum Service	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 300.00	\$ -	\$ 300.00
Millennium Group	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00
Most Bay	\$ -	\$ -	\$ -	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500.00
Nameless Bunch Of Drunks	\$ 1,000.00	\$ 1,005.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 2,000.00	\$ -	\$ 9,005.00
Nameless Bunch of Drunks Int'l	\$ 325.68	\$ 120.00	\$ 723.41	\$ 225.44	\$ 799.15	\$ 480.36	\$ 864.14	\$ 546.31	\$ 651.65	\$ 4,736.14
No Perfect People Allowed	\$ -	\$ -	\$ 233.00	\$ -	\$ -	\$ 271.00	\$ -	\$ -	\$ -	\$ 504.00
North Bend Group	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00
North Creek Study Group	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ -	\$ 100.00	\$ 250.00
Pine Lake Stag	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 345.00	\$ -	\$ -	\$ 445.00
Practicing The Principles	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,230.00	\$ -	\$ 1,230.00
Redmond Recovery	\$ -	\$ 250.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00	\$ -	\$ 500.00
Regla 82 Grupo	\$ -	\$ -	\$ -	\$ 160.00	\$ -	\$ 40.00	\$ 80.00	\$ 40.00	\$ 40.00	\$ 360.00
Right Side of the Tracks	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ 200.00	\$ -	\$ 325.00
Sammamish Big Book Study	\$ -	\$ 134.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 134.00
Serenity Break	\$ -	\$ -	\$ 2,071.47	\$ -	\$ -	\$ -	\$ -	\$ 2,570.97	\$ -	\$ 4,642.44
Serenity Break Online	\$ -	\$ 226.97	\$ 25.00	\$ -	\$ 235.00	\$ 360.58	\$ 50.00	\$ 101.00	\$ -	\$ 998.55
Serenity on Sunday	\$ 222.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 222.00
Seven & Sober	\$ 1,000.00	\$ 1,000.00	\$ 1,500.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 2,000.00	\$ 1,000.00	\$ 1,000.00	\$ 10,500.00
Silverlake Study Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 487.27	\$ -	\$ -	\$ -	\$ 487.27
Sisters of the Forest	\$ 11.00	\$ 95.00	\$ 31.00	\$ -	\$ 6.00	\$ 8.00	\$ 29.00	\$ 23.00	\$ 23.00	\$ 226.00
Sno-King Intergroup	\$ -	\$ 6,750.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6,750.00
Sno-Valley Young Peoples	\$ -	\$ 18.00	\$ 64.00	\$ 11.00	\$ 46.00	\$ 32.00	\$ 19.00	\$ 2.00	\$ 37.55	\$ 229.55
Snoqualmie Stag	\$ 123.00	\$ -	\$ -	\$ -	\$ 144.60	\$ -	\$ -	\$ -	\$ -	\$ 267.60
Sober At Cottage Lake	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00	\$ 50.00
Sober Rebels	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 86.00	\$ 59.18	\$ 145.18
Sober Seniors	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Steppin Up	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 148.00	\$ 148.00
Stepping Into Recovery	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00
Steps to Freedom	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 70.00	\$ -	\$ 70.00
Stillwater Serenity	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ -	\$ -	\$ 75.00
Sunday Big Book Study	\$ 130.00	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ -	\$ 255.00
Sundays Solution	\$ -	\$ -	\$ 91.00	\$ -	\$ -	\$ 136.00	\$ -	\$ -	\$ -	\$ 227.00
Sunrise	\$ 1,037.10	\$ -	\$ -	\$ 1,153.56	\$ -	\$ -	\$ 967.27	\$ -	\$ -	\$ 3,157.93
The Overlake Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6.00	\$ -	\$ -	\$ 6.00
The Shack	\$ 5.65	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 5.65
Tiger Mountain O&AT	\$ -	\$ 250.00	\$ -	\$ -	\$ 12.00	\$ -	\$ 387.50	\$ -	\$ -	\$ 649.50
Tiger Mountain Stag	\$ -	\$ -	\$ 175.00	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ -	\$ 375.00
Tuesday Night Solutions	\$ 120.00	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ 320.00
Up The Creek	\$ 75.00	\$ 50.00	\$ -	\$ 75.00	\$ -	\$ 40.00	\$ -	\$ -	\$ -	\$ 240.00
Wake Up	\$ 29.64	\$ 70.05	\$ 75.50	\$ 145.99	\$ 65.54	\$ 57.61	\$ 34.01	\$ 69.81	\$ 62.50	\$ 610.65
Women's Big Book Study	\$ 99.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 99.00
Women's Saturday Share	\$ 47.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 47.00
Women's Saturday Steps	\$ 300.50	\$ -	\$ -	\$ 243.44	\$ -	\$ -	\$ -	\$ 230.73	\$ 32.06	\$ 806.73
Women In Recovery	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ 200.00
Woodinville Wed. Fellowship	\$ 61.00	\$ -	\$ -	\$ 65.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 126.00
	8,826.81	15,000.84	8,616.69	10,680.03	4,963.45	6,288.69	12,432.68	11,197.21	3,922.31	82,894.18

Office Information

Address: 13401 NE Bel-Red Rd., Suite B6
Bellevue, WA, 98005

Phone: 425-454-9192
24-Hours a Day

Email: esig@eastsideaa.org
Website: eastsideaa.org

Office Hours: Open!
Mon - Thurs 10AM-5:30PM
Fri 10AM-5:00PM

Office Manager: Doug H.
Email: doug_h@eastsideaa.org

Intergroup Representative Meeting
First Thursday of each month
7:30 pm-8:30 pm via Zoom

[https://zoom.us/j/181768191?](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnlsVFKQT09)
[pwd=MG02L21hZXk1Y3N0UG1pZnlsVFKQT09](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnlsVFKQT09)
All members welcome!

Pink Can Donations YTD

Seven & Sober

Kenmore Friday Night-
ers

The Sunrise Group

Lifeline

Women's Step Study
Group

Eastside Women's

\$1321.68



Newsletter Contributors

From the Spiral	Matthew T.
Office Report	Doug H.
Newsletter Editor	Kyle E.

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us!

newsletter@eastsideaa.org

Errata

- Probably something! Let you know next month!

Ed: This is where I provide corrections to the previous newsletters! As a volunteer and humble servant of Eastside Intergroup and A.A., I am prone to mistakes, and this new column is where I get to practice the principle of righting wrongs.

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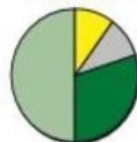
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District 36

Sample of Group Contributions
to A.A. Service Entities



10% to District
10% to Area 72
30% to G.S.O
50% to Intergroup

Publication Information

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