



# PASS IT ON

## Eastside Intergroup Newsletter

### Issue 76 Sept 2023

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## Thanks for Letting Me be of Service!

It has been an absolute pleasure being of service at Eastside Intergroup these past twelve years.

As of September 12, 2023, I will be retiring. I picked that date because I was hired in September 12 years ago and wanted it to be the 12th day. You know 12 & 12? Pretty cool, right? Silly, I know.

I had retired before from a 30-year career, when the position at Intergroup opened and I was fortunate enough to be hired. I didn't realize that the next 12 years were going to be so rewarding. There have been some heartbreaking calls but there have been far more wonderful calls. I found so much joy working in our community helping to carry the A.A. message of hope.

So many of us have crossed paths simply because you came into the Intergroup Office for books or coins and a lot of us have become good friends. Some of you came into the office and I asked what you were good at, and you ended up on a committee or volunteering in the office. There are so many of you that I would have never met had I not worked at ESIG and so many of you that I hold close to my heart.

When I started at ESIG we were in a dark basement underneath a couple of restaurants. We had cockroaches and rats. It was dark and hard to find. When the lease came up, I was so fortunate to find the office that ESIG now calls home on Bel-Red Rd. That office is right in the middle of all our Districts and is in an open and light office. The lease has currently been extended.

Throughout my time at Eastside Intergroup I've enjoyed countless calls and visits from fellow alcoholics and have had the opportunity to carry the message to a few people that have walked into the office asking about A.A. -one being our mail carrier several years ago.

You all have touched my life and I hope I have touched yours if not only in a small way.

I am looking forward to this next chapter in my life and seeing you all in meetings.

In love and Service,

Nancy Osborn

## From the Spiral #45

by Matthew T.

The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

1. *When I finally stopped drinking, my life didn't get better, but it stopped getting worse.*

This line speaks to a concept that makes some of us who have been around awhile laugh out loud, but when you're new, it can be a frustrating realization. I know what it's like to look in the mirror at day fifteen and say to myself, "Well, is this it? I quit drinking for this?!" Patience has always been something I've been impatient with because I tend to not focus on the journey. Getting to drunk seemed to take longer and longer. The enjoyment and relief of that first drink was only an expression of what was soon to happen. It took months to notice that things were starting to go in a better direction, but it was gradual just like how our Sponsor takes us through the steps. Every day I don't take a drink, I get a little further away from where I began all alone in that airport bar. My Grand-Sponsor reminds me how one day feels like forever, then a few days become a week. After awhile those weeks turn into months, and before you know it, you have a year and so on. Time will do its thing. My responsibility is to work my program. If my life stops getting worse one day at a time, I know I'm doing it right.

2. *The worst things I did in my life are an asset to someone else.*

My story will save someone else's life is another way to look at this line. The first time I heard this, I thought it was preposterous. After 90 meetings in 90 days, it dawned on me that the stories of others comforted me in a way that I always wanted booze to do but never did. The scariest symptom of this disease is that it constantly tries to convince me that I am unique. To this day, when I hear someone else tell my story, I have a spiritual experience that leaves me stunned. If other people feel like I do and struggle with life on life's terms, then I have found a fellow soldier who can join forces with me. Like the song says, "United we stand, divided we fall." The rooms inspired me to share my awful stories so that they may make someone else feel relief. The unexpected bonus is that when I stop harboring my shameful stories, I experience hope and peace.

3. *If you're new, lean in; if you've got 10 years sober, lean in.*

When I made it to one year sober, someone told me to lean in. People who have decades sober have suggested to me two words: more program. The Big Book mentions resting on your laurels, which roughly translates to taking your foot off the gas because you think you've won. To continue the metaphor, this race is a marathon and not a sprint. Regardless of how far ahead you are, your disease is always gaining on you. As hard as it may be, lean in any way and every way you can. Watching the energy and enthusiasm of people in the program who have 60, 90, and 180 days sober invigorates me and acts as a spiritual tap on the shoulder. They really want it and have found a life they don't want to lose. Even the guy who is 84 years old and has nearly 50 years sober refuses to back off. To see what it means to lean in, go to a meeting and just watch.

I hope this helps, and I'll see you at a meeting.

-Matthew T.





## EASTSIDE INTERGROUP OFFICE REPORT

9/7/2023

August was certainly a busy and fun month for Eastside Intergroup and the members in our community.

Saturday August 26<sup>th</sup> was our 4<sup>th</sup> Annual Poker Run with 13 riders. Ray H. planned the route while Vince Y. chose the prizes and announced the top 3 winners when they arrived at the picnic.

The picnic was also on August 26<sup>th</sup> and the weather was perfect, the turn out was good. We enjoyed wonderful fellowship, food, music and a fantastic raffle once again this year! Many thanks to all the volunteers that helped set up and tear down.

Terry B. and his band were awesome with Bob F. handling the sound, thank you.

Pat and Alicia were hard at work flipping burgers and turning dogs as fast as they could, many thanks for all the years you have done this for us. And Carla was a fantastic help making sure things were in order. Katie and a friend set up face painting which was fun, I had a glitter heart on my face for the day. Wendie, Terri, and Christine covered the front selling tickets to the event and raffle tickets. The raffle was amazing and was done by Lisa, Carla, Sally, Jennifer, and Wallene. It was such fun!

Sally, John, Jimmy & Brenda were the main clean-up crew along with many others.

I wish I could remember everyone's name that volunteered, but I can't so if I missed you, I'm sorry but grateful for your help in making it a wonderful event.

August 27<sup>th</sup> was Recovery Day at the Mariners and ESIG had 60 people at the game. It was such fun and the Mariners won! Don M. & David B. borrowed a literature rack from Seattle Intergroup and had a booth at the Mariners game for Alcoholics Anonymous! That was the first time that I'm aware of that A.A. was represented at the Recovery Day game. Thanks!

I will close with this; This is my final Office report as I am retiring September 12<sup>th</sup>. I'm really excited about the next adventure in my life and can't wait to spend more time with my grandchildren. I have absolutely loved being of service in our community and am so glad that I met so many friends along the way. I'll return in October for 2 weeks while Doug has surgery but then look forward to some relaxation and whatever this next chapter brings my way.

Thank you all for being such bright spots in my life for the past 12 years. I'm truly grateful and my heart is full.

In love and service,  
Nancy Osborn

# District 34 Gratitude Dinner

## November 18, 2023,

6:00 – 9:30 p.m.

North Bellevue Community Center  
4036 148<sup>th</sup> Ave. N. Bellevue, WA 98007

5:30 p.m. Doors Open - 6:00 Dinner

7:00 Meeting Readings, Steps, Traditions & Promises

7:15 – 7:45 Al-anon speaker – Magdalena E. Seattle, WA

7:45 – 8:15 – Sobriety Countdown

8:15 – 8:45 – A.A. Speaker - David L. – Ashburn, VA

Tickets are \$5.00 for this self-supporting event.

Turkey/Hams are provided by each group in the district that is attending. Pre-cut or sliced ahead of time would be very helpful.

Individuals, please bring a dish to share with others. It is suggested to bring a dish using the first letter in your last name.

A-G – Salads, Stuffing, Dinner Rolls Etc.

H-P – Side Dishes, Yams, Green Beans Etc.

R-Z – Desserts, Pies, Cookies, Cakes Etc.

For additional information contact:

Jennifer M. – 773-398-5325 [jennmanning@nuc.com](mailto:jennmanning@nuc.com)

Allison F. - 385-321-8264 [allfym411@gmail.com](mailto:allfym411@gmail.com)





## KING COUNTY JUVENILE DETENTION CENTER

Carry the Message Behind the Walls

### SERVICE OPPORTUNITY

Bring an A.A. Meeting into Youth Detention Center

Requirements:

2 years clean & sober

2-5 years since criminal justice system involvement

SIGN UP FOR A WEEKLY SLOT



Thursdays  
7 PM - 8 PM



1211 E. Alder St.,  
Seattle, WA 98122

Greater Seattle Intergroup  
[Volunteer corrections@seattleaa.org](mailto:Volunteer corrections@seattleaa.org)

## **Share your Experience, Strength and Hope!!**

### **Betty Ford Treatment Center Speaker Panel**

- Looking for Panel Speakers on the **1<sup>st</sup> Thursday of Every Month**
- **One-Hour Virtual Commitment**
- Time slots are **9:00 AM & 6:00 PM**
- Give back what was so freely given to you!!
- Email request to District 34 Chairperson:

**[dist34treatment@area72aa.org](mailto:dist34treatment@area72aa.org)**

# *grapevine* Writing Workshop



Please Join ESIG & District 39 Literature Reps  
for a fun writing workshop  
(*no writing experience required*)

October 21st

9am-noon followed by Pizza

What to Bring:

Writing Paper/Journal/pen or pencil  
Laptops (optional)

Kelsey Creek Church Room 108

1221 148th Ave NE, Bellevue 98007

RSVP: [grapevine@eastsideaa.org](mailto:grapevine@eastsideaa.org)

20 spaces available



# Volunteers! Generosity! Birthday Club!

## Thank You Hotline Volunteers!

Carmen A.	John W.	Chuck M.	Marisa S.	Katie K.
Tomi D.	Tom Z.	Ginny K.	Travis S.	Ryan P.
Elton B.	Cindy S.	Mark J.	Jamie C.	Peter K.
Tammy K.	Richard J.	Jim M.	Ben D.	Michael L.
		Doug H.		

**24 Hours**



**425-454-9192**

## Thank You Office Volunteers!

Carla Y.	Sally M.	Robin	Lisa S.	David N.	Charlie G.
Lynn B.	Ken T.	Wallene D.	David B.	Ted W.	Vince Y.
					Ed H.

## Faithful Fivers!

Faithful Fivers donate \$5/month to support ESIG

Nancy O.	Terri P.
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## Birthday Club! This Works!



- **Celebrate Your Birthday in This Space!**
- **Home Group!**
- **Years of Success!**



### Join the Eastside Intergroup Birthday Club!

Many of our members contribute to ESIG \$1, \$2, or \$5 per year during their

AA Anniversary month.

We'll print your name, sobriety date and home group in our Newsletter.

Your Birthday Club contributions directly support your Eastside Intergroup Office which provides a 24 hour phone line, literature, coins and more!

Get your name & home group in the newsletter!

Send this form to: Eastside Intergroup  
13401 Bel Red Rd. #B6  
Bellevue, WA 98005

Or Venmo: @Eastside-Intergroup

Name \_\_\_\_\_

Home Group \_\_\_\_\_

Sobriety Date \_\_\_\_\_

Contribution \$ \_\_\_\_\_

# ESIG YTD Group Contributions

Pg1

Group Name	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul 23	Aug 23	TOTAL
12 & 12 Fellowship Hall	\$ -	\$ 1,000.00	\$ -	\$ 1,000.00	\$ -	\$ -	\$ 750.00	\$ -	\$ 2,750.00
59 Minutes At Pine Lake	\$ -	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00
A Way Up	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500.00
A Womans Way	\$ -	\$ -	\$ -	\$ 312.80	\$ -	\$ -	\$ 113.60	\$ -	\$ 426.40
Agnostics in Progress	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00
Anchor Group	\$ 150.00	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ 150.00	\$ 450.00
Anonymous	\$ 1,915.94	\$ 388.74	\$ 347.74	\$ 123.83	\$ 134.74	\$ 154.74	\$ 204.74	\$ 254.74	\$ 3,525.21
Any Lengths Group	\$ -	\$ -	\$ -	\$ -	\$ 300.00	\$ -	\$ -	\$ -	\$ 300.00
Bel-Kirk Saturday Breakfast	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ 150.00
Bell East Lunch Group	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ 150.00
Bellevue Group	\$ -	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ 250.00	\$ -	\$ 650.00
Bellevue Men's Meeting	\$ -	\$ -	\$ -	\$ 540.00	\$ -	\$ -	\$ -	\$ -	\$ 540.00
Bellevue New Group	\$ -	\$ -	\$ -	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ 500.00
Benevity Fund Donation	\$ 350.00	\$ 1,700.00	\$ 200.00	\$ 600.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 4,450.00
Better Odds Sober	\$ -	\$ -	\$ 250.00	\$ -	\$ 100.00	\$ 250.00	\$ -	\$ -	\$ 600.00
Big Book Step Study	\$ 74.03	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 21.00	\$ -	\$ 95.03
Bills Kitchen	\$ 20.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 20.00
Came To Believe (Carnation)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 176.11	\$ 79.50	\$ -	\$ 255.61
Counter Sales	\$ -	\$ 20.53	\$ 80.97	\$ -	\$ 0.92	\$ -	\$ -	\$ 11.46	\$ 113.88
District 34	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,832.28	\$ -	\$ 1,832.28
District 39	\$ -	\$ 333.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 333.00
Downtown Stag	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Duvall Big Book Study	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 400.00
Duvall Candlelight	\$ -	\$ 137.30	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 137.30
Eastside Beginners	\$ -	\$ -	\$ 643.25	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 643.25
Eastside Men's Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 350.00	\$ 350.00
Eastside Open Breakfast	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ 200.00
Eastside Women	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 112.00	\$ 112.00
Essentials	\$ 265.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 265.00
Fresh Start	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ 150.00	\$ 300.00
Friday Night Firehouse	\$ -	\$ -	\$ 140.00	\$ -	\$ -	\$ -	\$ 10.00	\$ -	\$ 150.00
Friday Night Live and Let Live	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 167.50	\$ -	\$ 167.50
Frontstream	\$ -	\$ -	\$ -	\$ 2,193.97	\$ -	\$ -	\$ 1,920.00	\$ -	\$ 4,113.97
Frontstream (Costco)	\$ 1,200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,200.00
Gay Men In Recovery	\$ -	\$ -	\$ -	\$ 180.00	\$ -	\$ -	\$ 42.00	\$ -	\$ 222.00
Grace Rules	\$ 177.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 177.00
Higher Powered at Gold Creek	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 484.42	\$ -	\$ -	\$ 484.42
HOW - Women NorthBend	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 25.00	\$ -	\$ 25.00
Joy Of Living	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00	\$ 50.00
Kenmore Big Book	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00	\$ 250.00
Kindred Spirits	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ 100.00
Kirkland Attitude Modification	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ 50.00	\$ -	\$ -	\$ 100.00
Kirkland Sobriety Headquarters	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ 250.00
Ladies Step Study	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 76.00	\$ -	\$ -	\$ 76.00
Lifeline	\$ -	\$ 279.74	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 140.00	\$ 419.74
Living Sober	\$ 212.27	\$ 297.31	\$ 189.25	\$ 300.00	\$ 284.50	\$ 87.50	\$ 168.00	\$ 398.59	\$ 1,937.42
Living Sober Online	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 92.02	\$ 10.60	\$ 102.62

# ESIG YTD Group Contributions

Pg2

Group Name	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul 23	Aug 23	TOTAL
Maximum Service	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 300.00	\$ 300.00
Millennium Group	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00
Moss Bay	\$ -	\$ -	\$ -	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ 500.00
Nameless Bunch Of Drunks	\$ 1,000.00	\$ 1,005.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 8,005.00
Nameless Bunch of Drunks Intl	\$ 325.68	\$ 120.00	\$ 723.41	\$ 225.44	\$ 799.15	\$ 480.36	\$ 864.14	\$ 546.31	\$ 4,084.49
No Perfect People Allowed	\$ -	\$ -	\$ 233.00	\$ -	\$ -	\$ 271.00	\$ -	\$ -	\$ 504.00
North Bend Group	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00
North Creek Study Group	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ -	\$ 150.00
Pine Lake Stag	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 345.00	\$ -	\$ 445.00
Practicing The Principles	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,230.00	\$ 1,230.00
Redmond Recovery	\$ -	\$ 250.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00	\$ 500.00
Regla 62 Grupo	\$ -	\$ -	\$ -	\$ 160.00	\$ -	\$ 40.00	\$ 80.00	\$ 40.00	\$ 320.00
Right Side of the Tracks	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ 200.00	\$ 325.00
Sammamish Big Book Study	\$ -	\$ 134.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 134.00
Serenity Break	\$ -	\$ -	\$ 2,071.47	\$ -	\$ -	\$ -	\$ -	\$ 2,570.97	\$ 4,642.44
Serenity Break Online	\$ -	\$ 226.97	\$ 25.00	\$ -	\$ 235.00	\$ 360.58	\$ 50.00	\$ 101.00	\$ 998.55
Serenity on Sunday	\$ 222.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 222.00
Seven & Sober	\$ 1,000.00	\$ 1,000.00	\$ 1,500.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 2,000.00	\$ 1,000.00	\$ 9,500.00
Silverlake Study Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 487.27	\$ -	\$ -	\$ 487.27
Sisters of the Forest	\$ 11.00	\$ 95.00	\$ 31.00	\$ -	\$ 6.00	\$ 8.00	\$ 29.00	\$ 23.00	\$ 203.00
Sno-King, Intergroup	\$ -	\$ 6,750.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6,750.00
Sno-Valley Young Peoples	\$ -	\$ 18.00	\$ 64.00	\$ 11.00	\$ 46.00	\$ 32.00	\$ 19.00	\$ 2.00	\$ 192.00
Snoqualmie Stag	\$ 123.00	\$ -	\$ -	\$ -	\$ 144.60	\$ -	\$ -	\$ -	\$ 267.60
Sober Rebels	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 86.00	\$ 86.00
Sober Seniors	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Stepping into Recovery	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ 50.00
Steps to Freedom	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 70.00	\$ 70.00
Stillwater Serenity	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ -	\$ 75.00
Sunday Big Book Study	\$ 130.00	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ 255.00
Sundays Solution	\$ -	\$ -	\$ 91.00	\$ -	\$ -	\$ 136.00	\$ -	\$ -	\$ 227.00
Sunrise	\$ 1,037.10	\$ -	\$ -	\$ 1,153.56	\$ -	\$ -	\$ 967.27	\$ -	\$ 3,157.93
The Overlake Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6.00	\$ -	\$ 6.00
The Shack	\$ 5.65	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 5.65
Tiger Mountain OSAT	\$ -	\$ 250.00	\$ -	\$ -	\$ 12.00	\$ -	\$ 387.50	\$ -	\$ 649.50
Tiger Mountain Stag	\$ -	\$ -	\$ 175.00	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ 375.00
Tuesday Night Solutions	\$ 120.00	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ -	\$ 320.00
Up The Creek	\$ 75.00	\$ 50.00	\$ -	\$ 75.00	\$ -	\$ 40.00	\$ -	\$ -	\$ 240.00
Wake Up	\$ 29.64	\$ 70.05	\$ 75.50	\$ 145.99	\$ 65.54	\$ 57.61	\$ 34.01	\$ 69.81	\$ 548.15
Women's Big Book Study	\$ 99.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 99.00
Women's Saturday Share	\$ 47.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 47.00
Women's Saturday Steps	\$ 300.50	\$ -	\$ -	\$ 243.44	\$ -	\$ -	\$ -	\$ 230.73	\$ 774.67
Women In Recovery	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ -	\$ 200.00
Woodinville Wed. Fellowship	\$ 61.00	\$ -	\$ -	\$ 65.00	\$ -	\$ -	\$ -	\$ -	\$ 126.00
	9,825.81	15,000.64	8,515.59	10,580.03	4,953.45	6,266.59	12,432.56	10,197.21	77,771.88

## Office Information

**Address:** 13401 NE Bel-Red Rd., Suite B6  
Bellevue, WA, 98005

**Phone:** 425-454-9192  
24-Hours a Day

**Email:** [esig@eastsideaa.org](mailto:esig@eastsideaa.org)  
**Website:** [eastsideaa.org](http://eastsideaa.org)

**Office Hours:** Open!  
Mon - Thurs 10AM-5:30PM  
Fri 10AM-5:00PM

**Office Manager:** Nancy O.  
Email: [NancyO@eastsideaa.org](mailto:NancyO@eastsideaa.org)  
**Assistant Office Manager:** Doug H.  
Email: [doug\\_h@eastsideaa.org](mailto:doug_h@eastsideaa.org)

**Intergroup Representative Meeting**  
First Thursday of each month  
7:30 pm-8:30 pm via Zoom

[https://zoom.us/j/181768191?](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09)  
[pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09)  
All members welcome!

### Pink Can Donations YTD

Seven & Sober

Kenmore Friday Night-  
ers

The Sunrise Group

Lifeline

Women's Step Study  
Group

Eastside Women's

**\$1127.68**



### Newsletter Contributors

Lead Story	Nancy O.
From the Spiral	Matthew T.
Office Report	Nancy O. Doug H.
Editor	Kyle E.

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us!

[newsletter@eastsideaa.org](mailto:newsletter@eastsideaa.org)

### Errata

- Probably something! Let you know next month!

*Ed:* This is where I provide corrections to the previous newsletters! As a volunteer and humble servant of Eastside Intergroup and A.A., I am prone to mistakes, and this new column is where I get to practice the principle of righting wrongs.

### Eastside Intergroup, Districts, General Service Office & Area 72 Information

**Eastside Intergroup**  
13401 NE Bel Red Rd. #B6  
Bellevue, WA, 98005

Snoqualmie Valley, Duvall, North Bend  
P.O. Box 1963  
North Bend, WA, 98045

**Western Washington Area 72**  
1901 Cornwall Ave #745  
Bellingham, WA, 98225

**District 38**  
Kirkland  
P.O. Box 322  
Kirkland, WA, 98083

**General Service Office (GSO)**  
P.O. Box 459  
Grand Central Station  
New York, NY, 10163

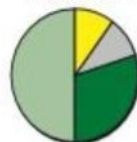
**District 39**  
Bothell, Kenmore, Woodinville  
P.O. Box 1695  
Bothell, WA, 98041-1695

**District 34**  
Bellevue, Redmond, East Lake  
Sammamish, & Mercer Island  
PO Box 50081  
Bellevue, WA, 98015

**District 35**  
Issaquah  
P.O. Box 442  
Issaquah, WA, 98027

**District 36**

Sample of Group Contributions  
to A.A. Service Entities



10% to District  
10% to Area 72  
30% to G.S.O  
50% to Intergroup

### Publication Information

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