



PASS IT ON

Eastside Intergroup Newsletter Issue 75 July-Aug 2023

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Office Reports

by Nancy O. and Doug H.

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Office Information





ESIG OFFICE REPORT

7/6/2023

STORE/OFFICE ACTIVITY:

We sent out an email earlier in the month asking our Reps to check with their groups to see if anyone would be interested in taking these referral calls. Thank you to the groups who have responded! We're keeping this open; if you or anyone in your groups would like to be available for this special type of 12th step work, please contact us at esig@eastsideaa.org.

We have three projects going on currently. One is renewing/renegotiating our lease. Tied in with that are some moderate improvements to our office space, including but not limited to installing a kitchenette and getting some more functional office furniture. The office furniture has arrived and has given us a much better space to work in.

We are still looking for office volunteers. Doing service work is a great enhancer to sobriety. We're having a volunteer orientation and information session on Saturday July 29 at 11:00 am at the ESIG office.

At ESIG you'll be serving the greater services structure of AA on the eastside, you'll be the person who answers that one phone call that will change someone's life. You can volunteer as little as an hour at a time, or multiple hours. Maybe you have a specific skill or talent we can utilize. Give us a call, let's talk!

THANK YOU, OFFICE VOLUNTEERS:

As always, an outstanding group of volunteers supported us throughout the month, Ted W, Ken T, David N, David B, Sally M, Lynn B, Lisa S, Vince Y, Carla Y, Wallene D, Charlie G., and of course, Benedict. Thank you, Robin, for folding our schedules each week.

We do have a need for more office volunteers. If this interests you, please contact Nancy or Doug.

THANK YOU, HOTLINE VOLUNTEERS:

Carmen A, John W, Chuck M, Tomi D, Tom Z, Ginny K, Elton B, Cindy S, Mark J, Marisa S, Travis S, Jamie C, Katie K, Ryan P, Peter K, Tammy K, Richard J, Jim M, Ben D, Michael L, Doug H.

UPCOMING SUMMER EVENTS:

ESIG at The Mariners: July 15th 6:30pm-9:15pm, Mariners vs. Detroit Tigers. As of today # tickets acquired, # tickets reserved

ESIG Annual Poker Run: August 26th Kickstands up 8:00am ESIG Office – ends at ESIG Picnic

ESIG Summer Picnic: August 26th 11am-3pm at Beaver Lake Park in Sammamish.

Recovery Day with the Seattle Mariners: August 27th 1:00pm-3:00pm, Mariners vs. Kansas City Royals. As of today # tickets acquired, # tickets reserved

All these events can be found on our website: [ESIG Summer Events 2023](#)



ESIG OFFICE REPORT 8/3/2023

STORE/OFFICE ACTIVITY:

We've signed a lease extension which is effective September 1, 2023, and runs through August 31, 2028. We are grateful that we don't have to move from our current location! We are having a small kitchenette added at the back which will be paid for by the property manager.

Doug is still working on analysis and cost estimates of how to move forward in October when QuickBooks Point of Sale will no longer be available. Presently we're looking at Clover and switching to QuickBooks online for our financial software. More will be revealed.

VOLUNTEER TRAINING:

On July 29th we held an office volunteer training workshop and had 7 attendees, which was great! We had good questions and great participation from everyone that attended and so far, two of them have signed up to volunteer in the office, Jim M., and John N. Thank you everyone that attended!

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MARINERS EVENT ON 7/15:

It was a fun event with about 30 members from Eastside AA attending. Everyone seemed to have a good time.

UPCOMING SUMMER EVENTS:

ESIG Annual Poker Run: August 26th Kickstands up 8:00am ESIG Office – Ray H. is planning a nice ride through the Snoqualmie valley with stops along the way to be dealt a card. The final card will be dealt at the ESIG Picnic. Great prizes for the winners! If you plan to ride, please sign up ahead of time so we have your shirt size. You can sign up on our website under Events / Poker Run or: [Poker Run Sign Up - 2023](#)

COMMITTEE OPENINGS:

As committee chairs for Eastside Intergroup, we make every effort to liaison with all our District committees to find out how we can help each District. Eastside Intergroup currently has committee chair positions open for Accessibility, Treatment, Grapevine & Literature and Events. If you are interested in any of these positions, please email us at esig@eastsideaa.org.

Nancy Osborn

Doug Hutton

ESIG Co-Managers

**RECOVERY DAY WITH
THE MARINERS**

AUGUST 27TH



Seattle Mariners vs. Kansas City Royals

**3:30pm hosted by Seattle Mariners & helping benefit
the Washington Recovery Alliance.**

**Tickets \$22 and Recovery Day
t-shirts while supplies last.**

Email: esig@eastsideaa.org

PRE-ASSEMBLY

For Districts
18,32,33,34,35,36,38,39
August 19th 9am to 1 pm

Kelsey Creek Church
12211 48th Ave NE
Bellevue Wa 98007

The Pre Assembly is for Area 72 Discussion Topics, Area Motions,
and to hear Groups conscience prior to the Area Assembly

Come join us and learn and participate
on how and what will happen at
our Area assembly! All GSR's and Members
Are Welcome to attend and explore how
Service helps carry the Message, Questions
and Answer to how and why
Area Assemblies work

Coffee and doughnuts will be available
come early for fellowship

Eastside Intergroup's 2023 Annual

PICNIC

The Pavillon at Beaver Lake Park
25201 SE 24th St. Sammamish 98075



\$10 Adults

Kids 6—Free

Ticket is good for: burger or dog, chips,
 drink & a raffle ticket

Please bring a potluck dish according to your sobriety date:

JAN.-APRIL: SALADS

MAY-AUG: SIDE DISH

SEPT.-DEC. DESSERT

Also Bring:

**Lawn Chairs, Swim Suit/Towels,
 Sunscreen, Sunglasses, Life Vests,
 Water Toys and SMILES!**

Home Groups: Please help support the ESIG Raffle with either a gift basket (new items only please) or a cash donation and we'll shop for you! Proceeds from the raffle support Eastside Intergroup ~ Thank You!



**Eastside Intergroup needs
Office Volunteers!**

**We have various shifts available from 2 to 4 hours
and several days are open.**

**Come join us for a Q&A/Orientation on
Saturday July 29th at 11:00am
ESIG office @ 13401 Bel Red Rd. #B6 in Bellevue
Please rsvp to: esig@eastsideaa.org**

GSIG Summer Picnic

When: August 27, 2023


11am to 4pm

Where: Seward Park 5900 Lk.

Washington Blvd. S

Seattle, WA 98118

Shelter #3




Volleyball and
Cornhole
tournaments



Bingo
Service Tables
Poker Run



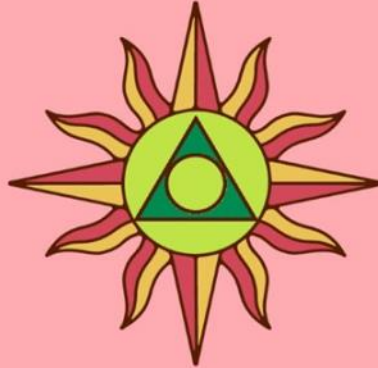
Food, fun and
fellowship



White Ele-
phant and
50/50 Raffle



Northwest Fellowship of the Spirit



MORE WILL BE REVEALED

**ALCOHOLICS ANONYMOUS
& ALANON FAMILY GROUPS**

**Randy D • Larcine G • Sarah I
• Ivan M • John C**

**August 24-27, 2023
Warm Beach Conference Center
20800 Marine Dr
Stanwood, WA 98292**

**Register @ www.nwfots.org
email: nwfots@gmail.com**

Volunteers! Generosity! Birthday Club!

Thank You Hotline Volunteers!

Carmen A.	John W.	Chuck M.	Marisa S.	Katie K.
Tomi D.	Tom Z.	Ginny K.	Travis S.	Ryan P.
Elton B.	Cindy S.	Mark J.	Jamie C.	Peter K.
Tammy K.	Richard J.	Jim M.	Ben D.	Michael L.
		Doug H.		

24 Hours



425-454-9192

Thank You Office Volunteers!

Carla Y.	Sally M.	Robin	Lisa S.	David N.	Charlie G.
Lynn B.	Ken T.	Wallene D.	David B.	Ted W.	Vince Y.
					Ed H.

Faithful Fivers!

Faithful Fivers donate \$5/month to support ESIG

Nancy O.	Terri P.
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Birthday Club! This Works!



- **Celebrate Your Birthday in This Space!**
- **Home Group!**
- **Years of Success!**

Join the Eastside Intergroup Birthday Club!

Many of our members contribute to ESIG \$1, \$2, or \$5 per year during their

AA Anniversary month.

We'll print your name, sobriety date and home group in our Newsletter.

Your Birthday Club contributions directly support your Eastside Intergroup Office which provides a 24 hour phone line, literature, coins and more!

Get your name & home group in the newsletter!

Send this form to: Eastside Intergroup
13401 Bel Red Rd. #B6
Bellevue, WA 98005

Or Venmo: @Eastside-Intergroup

Name _____

Home Group _____

Sobriety Date _____

Contribution \$ _____

ESIG YTD Group Contributions

Pg1

Group	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul 23	TOTAL
12 & 12 Fellowship Hall	\$ -	\$ 1,000.00	\$ -	\$ 1,000.00	\$ -	\$ -	\$ 750.00	\$ 2,750.00
59 Minutes At Pine Lake	\$ -	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00
A Way Up	\$ 500.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500.00
A Womans Way	\$ -	\$ -	\$ -	\$ 312.80	\$ -	\$ -	\$ 113.60	\$ 426.40
Agnostics in Progress	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00
Anchor Group	\$ 150.00	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ 300.00
Anonymous	\$ 1,915.94	\$ 388.74	\$ 347.74	\$ 123.83	\$ 134.74	\$ 154.74	\$ 204.74	\$ 3,270.47
Any Lengths Group	\$ -	\$ -	\$ -	\$ -	\$ 300.00	\$ -	\$ -	\$ 300.00
Bel-Kirk Saturday Breakfast	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ 150.00
Bell East Lunch Group	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ 150.00
Bellevue Group	\$ -	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ 250.00	\$ 650.00
Bellevue Men's Meeting	\$ -	\$ -	\$ -	\$ 540.00	\$ -	\$ -	\$ -	\$ 540.00
Bellevue New Group	\$ -	\$ -	\$ -	\$ 500.00	\$ -	\$ -	\$ -	\$ 500.00
Benevity Fund Donation	\$ 350.00	\$ 1,700.00	\$ 200.00	\$ 600.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 4,050.00
Better Odds Sober	\$ -	\$ -	\$ 250.00	\$ -	\$ 100.00	\$ 250.00	\$ -	\$ 600.00
Big Book Step Study	\$ 74.03	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 21.00	\$ 95.03
Bills Kitchen	\$ 20.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 20.00
Came To Believe (Carnation)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 176.11	\$ 79.50	\$ 255.61
Counter Sales	\$ -	\$ 20.53	\$ 80.97	\$ -	\$ 0.92	\$ -	\$ -	\$ 102.42
District 34	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,832.28	\$ 1,832.28
District 39	\$ -	\$ 333.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 333.00
Downtown Stag	\$ -	\$ -	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Duvall Big Book Study	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 400.00
Duvall Candlelight	\$ -	\$ 137.30	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 137.30
Eastside Beginners	\$ -	\$ -	\$ 643.25	\$ -	\$ -	\$ -	\$ -	\$ 643.25
Essentials	\$ 265.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 265.00
Fresh Start	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ 150.00
Friday Night Firehouse	\$ -	\$ -	\$ 140.00	\$ -	\$ -	\$ -	\$ 10.00	\$ 150.00
Friday Night Live and Let Live	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 167.50	\$ 167.50
Frontstream	\$ -	\$ -	\$ -	\$ 2,193.97	\$ -	\$ -	\$ 1,920.00	\$ 4,113.97
Frontstream (Costco)	\$ 1,200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,200.00
Gay Men In Recovery	\$ -	\$ -	\$ -	\$ 180.00	\$ -	\$ -	\$ 42.00	\$ 222.00
Grace Rules	\$ 177.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 177.00
Higher Powered at Gold Creek	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 484.42	\$ -	\$ 484.42
HOW - Women NorthBend	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 25.00	\$ 25.00
Kindred Spirits	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ 100.00
Kirkland Attitude Modification	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ 50.00	\$ -	\$ 100.00
Kirkland Sobriety Headquarters	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ 125.00	\$ 250.00
Ladies Step Study	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 76.00	\$ -	\$ 76.00
Lifeline	\$ -	\$ 279.74	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 279.74
Living Sober	\$ 212.27	\$ 297.31	\$ 189.25	\$ 300.00	\$ 284.50	\$ 87.50	\$ 168.00	\$ 1,538.83
Living Sober Online	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 92.02	\$ 92.02
Millennium Group	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00
Moss Bay	\$ -	\$ -	\$ -	\$ 500.00	\$ -	\$ -	\$ -	\$ 500.00
Nameless Bunch Of Drunks	\$ 1,000.00	\$ 1,005.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 7,005.00
Nameless Bunch of Drunks International	\$ 325.68	\$ 120.00	\$ 723.41	\$ 225.44	\$ 799.15	\$ 480.36	\$ 864.14	\$ 3,538.18

ESIG YTD Group Contributions

Pg2

Group	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul 23	TOTAL
No Perfect People Allowed	\$ -	\$ -	\$ 233.00	\$ -	\$ -	\$ 271.00	\$ -	\$ 504.00
North Bend Group	\$ -	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00
North Creek Study Group	\$ 75.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ 150.00
Pine Lake Stag	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 345.00	\$ 445.00
Redmond Recovery	\$ -	\$ 250.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00
Regla 62 Grupo	\$ -	\$ -	\$ -	\$ 160.00	\$ -	\$ 40.00	\$ 80.00	\$ 280.00
Right Side of the Tracks	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ 125.00
Sammamish Big Book Study	\$ -	\$ 134.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 134.00
Serenity Break	\$ -	\$ -	\$ 2,071.47	\$ -	\$ -	\$ -	\$ -	\$ 2,071.47
Serenity Break Online	\$ -	\$ 226.97	\$ 25.00	\$ -	\$ 235.00	\$ 360.58	\$ 50.00	\$ 897.55
Serenity on Sunday	\$ 222.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 222.00
Seven & Sober	\$ 1,000.00	\$ 1,000.00	\$ 1,500.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 2,000.00	\$ 8,500.00
Silverlake Study Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 487.27	\$ -	\$ 487.27
Sisters of the Forest	\$ 11.00	\$ 95.00	\$ 31.00	\$ -	\$ 6.00	\$ 8.00	\$ 29.00	\$ 180.00
Sno-King, Intergroup	\$ -	\$ 6,750.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6,750.00
Sno-Valley Young Peoples	\$ -	\$ 18.00	\$ 64.00	\$ 11.00	\$ 46.00	\$ 32.00	\$ 19.00	\$ 190.00
Snoqualmie Stag	\$ 123.00	\$ -	\$ -	\$ -	\$ 144.60	\$ -	\$ -	\$ 267.60
Sober Seniors	\$ 150.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00
Stepping into Recovery	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ -	\$ -	\$ 50.00
Stillwater Serenity	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ 75.00
Sunday Big Book Study	\$ 130.00	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ -	\$ 255.00
Sundays Solution	\$ -	\$ -	\$ 91.00	\$ -	\$ -	\$ 136.00	\$ -	\$ 227.00
Sunrise	\$ 1,037.10	\$ -	\$ -	\$ 1,153.56	\$ -	\$ -	\$ 967.27	\$ 3,157.93
The Overlake Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6.00	\$ 6.00
The Shack	\$ 5.65	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 5.65
Tiger Mountain OSAT	\$ -	\$ 250.00	\$ -	\$ -	\$ 12.00	\$ -	\$ 387.50	\$ 649.50
Tiger Mountain Stag	\$ -	\$ -	\$ 175.00	\$ -	\$ -	\$ -	\$ 200.00	\$ 375.00
Tuesday Night Solutions	\$ 120.00	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ 320.00
Up The Creek	\$ 75.00	\$ 50.00	\$ -	\$ 75.00	\$ -	\$ 40.00	\$ -	\$ 240.00
Wake Up	\$ 29.64	\$ 70.05	\$ 75.50	\$ 145.99	\$ 65.54	\$ 57.61	\$ 34.01	\$ 478.34
Women's Big Book Study	\$ 99.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 99.00
Women's Saturday Share	\$ 47.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 47.00
Women's Saturday Steps	\$ 300.50	\$ -	\$ -	\$ 243.44	\$ -	\$ -	\$ -	\$ 543.94
Women In Recovery	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 200.00	\$ -	\$ 200.00
Woodinville Wed. Fellowship	\$ 61.00	\$ -	\$ -	\$ 65.00	\$ -	\$ -	\$ -	\$ 126.00
	9,825.81	15,000.64	8,515.59	10,580.03	4,953.45	6,266.59	12,432.56	67,574.67

Office Information

Address: 13401 NE Bel-Red Rd., Suite B6
Bellevue, WA, 98005

Phone: 425-454-9192
24-Hours a Day

Email: esig@eastsideaa.org
Website: eastsideaa.org

Office Hours: Open!
Mon - Thurs 10AM-5:30PM
Fri 10AM-5:00PM

Office Manager: Nancy O.
Email: NancyO@eastsideaa.org
Assistant Office Manager: Doug H.
Email: doug_h@eastsideaa.org

Intergroup Representative Meeting
First Thursday of each month
7:30 pm-8:30 pm via Zoom

[https://zoom.us/j/181768191?](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09)
[pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNLSVFKQT09)
All members welcome!

Pink Can Donations YTD

Seven & Sober

Kenmore Friday Night-
ers

The Sunrise Group

Lifeline

Women's Step Study
Group

Eastside Women's

\$986.43



Newsletter Contributors

Office Report	Nancy O. Doug H.
Editor	Kyle E.

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us!

newsletter@eastsideaa.org

Errata

- Probably something! Let you know next month!

Ed: This is where I provide corrections to the previous newsletters! As a volunteer and humble servant of Eastside Intergroup and A.A., I am prone to mistakes, and this new column is where I get to practice the principle of righting wrongs.

Eastside Intergroup, Districts, General Service Office & Area 72 Information

Eastside Intergroup
13401 NE Bel Red Rd. #B6
Bellevue, WA, 98005

Snoqualmie Valley, Duvall, North Bend
P.O. Box 1963
North Bend, WA, 98045

Western Washington Area 72
1901 Cornwall Ave #745
Bellingham, WA, 98225

District 38
Kirkland
P.O. Box 322
Kirkland, WA, 98083

General Service Office (GSO)
P.O. Box 459
Grand Central Station
New York, NY, 10163

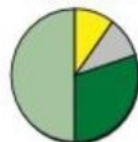
District 39
Bothell, Kenmore, Woodinville
P.O. Box 1695
Bothell, WA, 98041-1695

District 34
Bellevue, Redmond, East Lake
Sammamish, & Mercer Island
PO Box 50081
Bellevue, WA, 98015

District 35
Issaquah
P.O. Box 442
Issaquah, WA, 98027

District 36

Sample of Group Contributions
to A.A. Service Entities



10% to District
10% to Area 72
30% to G.S.O
50% to Intergroup

Publication Information

The *Personal Stories*, *From the Spiral*, and *And Finally...* sections in *Pass It On* are the recovery experiences of the individual contributor. They are neither conference approved nor endorsed by the General Service Office of Alcoholics Anonymous

Pass It On is a publication of Eastside Intergroup



In Remembrance

Remembering Rick Lent

January 5, 1958-May 28, 2023



July 14, 2023
1PM-3PM

Alano Club West Annex
12302 NE 8TH, Bellevue, WA