**36 Spiritual Principles Annual Retreat for Men & Women in Recovery**

Seabeck Conference Center – 13395 Lagoon Dr. NW, Seabeck, WA 98308

March 24th – 26th, 2023

Friday 5:00 PM to Sunday 12:00 PM

**Nate Y. of Belize and Shane L. of Spokane will present**

**Prayer & Meditation**

**A Practical Guide to the Life Promised in Step 11**

**Written by Tom R. of Seattle**

Cost $200 per person (single occupancy $300)

Includes 2 nights lodging, dinner on Friday night, 3 meals Saturday, breakfast, and lunch on Sunday. As well as a copy of the book & workbook

Please make checks payable to 36 Spiritual Principles and mail to:

36 Spiritual Principles, C/O Mark Straley 14928 210th Ave NE, Woodinville, WA

We will send an email confirmation and list of things to bring

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DETACH HERE & RETURN with payment

Please submit one registration form per person

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Special needs: i.e., Dietary, Health, Mobility \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(We will do our best to accommodate)

Questions contact: Mark S. 425-233-9137