



PASS

IT ON

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**NOVEMBER
DECEMBER**



PASS IT ON

Eastside Intergroup Newsletter

Issue 69 Nov-Dec 2022

Adventures of a Special Worker Part 2

Our 24-hour Hotline has worked well for many years and has helped a lot of people find their way to Alcoholics Anonymous. We've always had a good group of volunteers and as the office manager I've always been a back up on the call list and available to take obnoxious or upset callers.

One very dark and rainy evening the answering service called me to say they had a very angry caller they didn't want to put through to a volunteer. I took the call and here is the story that unfolded...

The caller was a woman who was furious that she had ridden a bus to a church in Redmond that there was no meeting happening at. She was mad, and she let me know how awful our schedule was and how difficult it had been for her to catch the bus to "a meeting that didn't exist". She wasn't talking in a calm voice at all while she told me everything wrong with AA. This was her first meeting.

I could tell by her voice that she was a bit older like me and I also totally understood how upsetting that would be!

I was very aware of the meeting she was trying to attend and knew that the meeting was indeed there but could tell from what she was saying that she was at the wrong church entrance. She told me I was wrong, she had checked all the church doors and continued with her "very loud" statements saying she was not going to check again. She said she now needed to wait in the dark rain for another bus.

Because I knew right where she was from our call, I asked if I could come show her where the meeting was, and she again insisted it wasn't there and had a firm NO. So, I asked if I could at least pick her up and give her a ride home so that she didn't have to wait in the rainy weather. It seemed difficult for her to say yes, but she finally did.

I found her on the dark corner of the church and suggested we drive around to the other side just to be sure. I told her I needed to know for the schedule at the office. We drove around and I walked her into her first A.A. meeting. She thanked me and I went home.

Funny thing though.... Five years later I was in my home group, and we were on Step 12. Normally I don't share about calls that come through Intergroup but that night I gave a quick share about that night. After my share I had a tap on my shoulder from a woman behind me saying "that was me!"

Isn't Alcoholics Anonymous amazing!

Nancy O.
Office Manager
Eastside Intergroup

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by Nancy O.

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by Matthew T.

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And Finally...
by Kyle E.

From the Spiral #39

by Matthew T.

The following are just a few one-liners from our fellowship to help us stay close to our program in addition to some commentary about the quote.

1. *You're going to carry the message one way or another.*

The sad truth is that if you hang around long enough in our program, you're likely to attend a lot of funerals. You may find yourself sitting in a meeting and noticing an empty chair. For me, that empty chair represents two people: first is the person who has yet to make it to our sanctuary and the second is the person we lost to this relentless disease. If our primary purpose is to carry the message, we can check that off the list regardless of our experience. When one of us relapses, we carry the message. When we celebrate a milestone in recovery, we carry the message. When we make it through hardship without needing to pick up a drink, we carry the message. If you're new and wonder how you carry the message, look no further than your actions. You owe no apology nor do you need to second guess yourself. You and I carry the message each day to others inside and outside of our fellowship. If you're willing, consider how you want to carry the message, and always remember to grow by letting others love you as you learn how to love yourself.

2. *What is hard today is living a 100% surrendered life.*

I would like to declare that as of today, I no longer have a drinking problem. My problem no longer exists. Today, I have a new problem. My new problem is that I am always trying to take the control back that belongs only to my Higher Power. This tendency (or addiction) baffles me and I only know it has taken me over when I have done harm. Today, being around liquor is not hard, nor is it hard to see people drinking with impunity, as Bill put it. My challenge today is living completely surrendered. Yes, I have beliefs, and yes, I have a faith, but faith is where I need to lean in. When I have a belief, that is me holding on to something. Faith, however, is letting go. It has been said that faith is an attitude. In traffic, dealing with people, having attachments, and being an observer all feel peaceful when I am surrendered. I know it when it happens, but getting to 100% surrendered is my challenge now. The one thing that absolutely gets me there is sitting down with another alcoholic and our literature. When we are in the solution, the surrender is there.

3. *The answer is outside of my head*

"Why can't I figure this out?" I asked myself this question for too many years. People can obtain a PhD, learn a new language, and climb a mountain in the dark, but when it comes to managing alcoholism, there is no solution inside our head. As your reading this, you know this is true whether you care to admit it out loud or not. Once you come to believe that the answer is outside your head, you become open to the notion that a lot of your unanswered questions are answered outward. I honestly don't find both an answer and peace when my brain runs the show. The peace and answers come to me in a meeting of Alcoholics Anonymous. An answer will come to me while I'm working with my Sponsor. Picking up the phone and simply calling one of my friends in the program causes me to have a spiritual experience. I will suddenly forget why I was so spun up. When you can't figure out anything, we are there. Take the question out of your head and share it with another alcoholic. It's an experience you won't want to miss.

I hope this helps, and I'll see you at a meeting.

-Matthew T.



ESIG BOARD ELECTIONS

At our November 3rd meeting we will be holding elections for two members to the Board of Directors. Please see our website for more information.

HOLIDAY OPEN HOUSE

Please join us on Saturday December 3rd from 8:30am until noon for a holiday open house at Eastside Intergroup. Stop in and see all your Intergroup office has to offer and meet some of the volunteers' board members, Doug and myself. Coffee and pastries along with fellowship and a holiday discount of 15% off everything. Perhaps do some holiday shopping for your sponsor or a sponsee. Put your name in to win a copy of the original manuscript book valued at \$65.

OFFICE VOLUNTEER MEETING/Q & A FOR NEW VOLUNTEERS

Friday December 16th from 11am to 1pm at Eastside Intergroup. We'll have a meeting to go over office procedures at 11:00am followed by a year-end luncheon at noon. Current office volunteers are invited as well as anyone interested in volunteering in the office. This is a perfect opportunity to ask questions and choose shifts on the calendar.

THANK YOU, OCTOBER OFFICE VOLUNTEERS

Carla Y, David B #1, David B #2, Debbie M, Ken T, Lisa S, Lynn B, Robin S, Ted W, Vince Y, & Wallene D.

G.S.O. ANNOUNCEMENTS

- World Service is looking for video submissions from A.A. members to help carry the message to young people. Deadline for submissions is November 7, 2022. [click here for more information](#)
- New jacketless Big Books and 12 Steps and Twelve Traditions WILL INCLUDE the latest updates. If your group is thinking about updating its literature, please consider buying from your local Intergroup office.
- GSO is updating their file of applications from A.A. members who are interested in being considered for possible future openings for the position of G.S.O. staff member. G.S.O. staff people are A.A.s who carry out rotating assignments and correspond with A.A.'s throughout the world on all aspects of recovery and service. Additionally, they represent G.S.O. at A.A. functions throughout the U.S. and Canada and provide the primary staff support for the General Service Board. Currently there are 11 staff members who cover variety of assignments.
- GSO announced a new 4th edition of the Spanish Language Big Book is being written. Call for submissions of stories from members!

Area 72 January 2023 Quarterly Registration Available

Registration is available online for the January 2023 quarterly which will be in Seattle. Service Resumes need to be submitted to Area 72 no later than November 18th for those people making themselves available.

Nancy Osborn
ESIG Office Manager



ESIG OFFICE REPORT

12/1/2022

HOLIDAY OPEN HOUSE

Please join us on Saturday December 3rd from 8:30am until noon for a holiday open house at Eastside Intergroup. Stop in and see all your Intergroup office has to offer and meet some of the volunteers' board members, Doug and myself. Coffee and pastries along with fellowship and a holiday discount of 15% off everything. Perhaps do some holiday shopping for your sponsor or a sponsee. Put your name in to win a copy of the original manuscript book valued at \$65.

Thank you to Doug!

I was on a leave from the office a good part of November and want to thank Doug, our assistant office manager for stepping up and taking on the extra hours and filling in for me. I've had some difficulties of late and it was a blessing to know that ESIG was in good hands. Thank you, Doug!

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THANK YOU, NOVEMBER OFFICE VOLUNTEERS

Carla Y, David B #1, David B #2, Debbie M, Ken T, Lisa S, Lynn B, Robin S, Ted W, Vince Y, & Wallene D. and Ray the Butcher for reaching the top shelf and getting the Holiday decorations down.

Area 72 January 2023 Quarterly Registration Available

Registration is available online for the January 2023 quarterly which will be in Seattle. Service Resumes need to be submitted to Area 72 no later than November 18th for those people making themselves available.

Pacific Northwest Conference (PRAASA)

Mark your calendars! June 23 thru 25, 2023 and it's in Portland! www.PNC1948.org

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- New jacketless Big Books and 12 Steps and Twelve Traditions WILL INCLUDE the latest updates. If your group is thinking about updating its literature, please consider buying from your local Intergroup office.
- GSO is updating their file of applications from A.A. members who are interested in being considered for possible future openings for the position of G.S.O. staff member. G.S.O. staff people are A.A.s who carry out rotating assignments and correspond with A.A.'s throughout the world on all aspects of recovery and service. Additionally, they represent G.S.O. at A.A. functions throughout the U.S. and Canada and provide the primary staff support for the General Service Board. Currently there are 11 staff members who cover variety of assignments.
- GSO announced a new 4th edition of the Spanish Language Big Book is being written. Call for submissions of stories from members!

Thank you for letting me be of service,

Nancy Osborn
Office Manager



Eastside Intergroup

Annual Holiday Open House!

Saturday December 3rd

8:30am-Noon

Pastries, fruit, coffee & tea

Stop in and meet some of the staff, volunteers & board members from your Intergroup office!

Great time for holiday shopping!

Everything is on sale! Door prizes!



GRAND PRIZE DRAWING

Win a copy of the original Big Book Manuscript

Valued at \$65

13401 Bel Red Rd Suite B6, Bellevue 98005



**END OF YEAR
ROUNDUP**
Seaside, Oregon

Dec. 30, 2022 - Jan. 1, 2023
at The Seaside Convention Center

AA & AL-ANON SPEAKERS!
Friday Night Potluck!
Talent Show & Karaoke!
New Years Eve Dance!
RAFFLE PRIZES!

**\$65/attendee - Registration
Only**

**\$120/attendee - Full
Registration (includes Dinner
and Breakfast)**

Dance and Raffle tickets
purchased at event

Please note: All sales
are final. No refunds
will be offered if you
are unable to attend.



BOOK YOUR ROOM NOW!

Many hotels have agreed to offer a discount. Be sure to mention "End Of Year Round-Up"
when booking your hotel. Discount will vary and is not guaranteed.



Live at Pine Lake!

Speakers Meeting

**Saturday December 10, 2022
7PM**

Featuring

**Irene N from Richmond CA
&**

Bob F from Issaquah

Pine Lake Covenant Church

1715 228th Ave SE, Sammamish, WA

**Please bring your friends
to experience the Fellowship of AA**

Livecast Zoom ID: 977 787 8779

Password: 1212

Speakers subject to change



Volunteers! Generosity! Birthday Club!

Thank You Hotline Volunteers!

Carmen A.	Sheldon A.	Tracy A.	Genny B.
Ginney K.	Chuck M.	Tammy K.	Katie K.
Cindy S.	Richard J.	Jim M.	Pete K.
Travis S.	Elton B.	Jody K.	Nancy O.
Paul J.	Mark J.	Tom Z.	Ben K.
Ryan P.	Guy O.	Tomi O.	Jamie C.

Hotline Back-Ups
 Tom Z. Cindy S.
 Jessica C. Travis S.
 Sherre P. Nancy O.
Hotline Coordinator: Tom Z.

24 Hours



425-454-9192

Thank You Office Volunteers!

Carla Y. Robin S. Debbie M. Lisa S. David N. Ray the Butcher
 Lynn B. Ken T. Wallene D. David B. #1 David B. #2 Ted W. Vince Y.

Faithful Fivers!

Faithful Fivers donate \$5/month to support ESIG

Special Shout Out! Nancy O. David W. Terri P.

Birthday Club! This Works!



**Your Name Here!
 Show Everyone It Works!**



Join the Eastside Intergroup Birthday Club!

Many of our members contribute to ESIG \$1, \$2, or \$5
 per year during their

AA Anniversary month.

We'll print your name, sobriety date and home group
 in our Newsletter.

Your Birthday Club contributions directly support your
 Eastside Intergroup Office which provides a 24 hour
 phone line, literature, coins and more!

Get your name & home group in the newsletter!

Send this form to: Eastside Intergroup
 13401 Bel Red Rd. #B6
 Bellevue, WA 98005

Or Venmo: @Eastside-Intergroup

Name _____

Home Group _____

Sobriety Date _____

Contribution \$ _____

ESIG YTD 2022 Group Contributions

	Jan 22	Feb 22	Mar 22	Apr 22	May 22	Jun 22	Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	TOTAL
12 & 12 Fellowship Hall	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,000.00	\$ -	\$ -	\$ -	\$ 1,000.00	\$ -		\$ 2,000.00
A Path To Serenity	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500.00	\$ -		\$ 500.00
Anchor Group	\$ -	\$ -	\$ 150.00	\$ -	\$ 150.00	\$ -	\$ 150.00	\$ -	\$ 150.00	\$ -	\$ 300.00		\$ 900.00
Anonymous	\$ 261.10	\$ 183.75	\$ 310.10	\$ 241.75	\$ 415.00	\$ 80.00	\$ 145.20	\$ 170.00	\$ 200.67	\$ 197.74	\$ 182.95		\$ 2,388.26
Bel East Lunch	\$ 116.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 378.00	\$ -	\$ -	\$ -		\$ 494.00
Bellevue Men's Meeting	\$ -	\$ -	\$ 445.00	\$ -	\$ -	\$ -	\$ -	\$ 495.00	\$ -	\$ -	\$ -		\$ 930.00
Bellevue New Group	\$ -	\$ 1,000.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 1,000.00
Benevity Fund Donation	\$ 650.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ -	\$ 1,000.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 600.00	\$ 400.00		\$ 5,050.00
Better Odds Sober	\$ -	\$ -	\$ -	\$ 287.49	\$ -	\$ -	\$ -	\$ 308.00	\$ -	\$ 332.00	\$ -		\$ 927.49
Big Book Step Study	\$ 140.37	\$ -	\$ -	\$ 165.29	\$ -	\$ -	\$ 92.57	\$ -	\$ -	\$ -	\$ -		\$ 398.23
Bills Kitchen	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 55.00	\$ -	\$ -		\$ 55.00
Came to Believe	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 103.25	\$ -		\$ 103.25
Came To Believe (Carnation)	\$ 54.00	\$ -	\$ -	\$ -	\$ 112.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 166.00
Counter Sales	\$ 30.92	\$ 151.22	\$ 6.36	\$ 530.58	\$ 639.18	\$ 5.42	\$ 529.89	\$ 4.87	\$ 2.03	\$ 1.00	\$ -		\$ 1,901.47
District 34	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,499.68	\$ -	\$ -	\$ -	\$ -		\$ 1,499.68
Duvall Candlelight	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 252.00	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 252.00
Duvall Sunday Morning	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 50.00
Eastside Beginners	\$ -	\$ -	\$ -	\$ 282.00	\$ 324.00	\$ -	\$ 425.00	\$ -	\$ -	\$ -	\$ 450.00		\$ 1,481.00
Eastside Men's Group	\$ -	\$ 10.00	\$ -	\$ 319.20	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 312.00		\$ 641.20
Eastside Women	\$ -	\$ 178.00	\$ -	\$ -	\$ -	\$ 94.00	\$ -	\$ -	\$ -	\$ -	\$ 46.00		\$ 318.00
Essentials	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 940.00	\$ -	\$ -	\$ -	\$ 600.00	\$ -		\$ 1,540.00
Faithful Fivers	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 25.65	\$ -	\$ -	\$ -	\$ 5.65	\$ -		\$ 31.30
Freedom From Bondage	\$ -	\$ -	\$ 3.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 3.00
Fresh Start	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 268.19	\$ -	\$ -	\$ -		\$ 268.19
Frontstream (Costco)	\$ 1,209.60	\$ -	\$ -	\$ -	\$ 1,200.00	\$ -	\$ 1,400.00	\$ -	\$ -	\$ 1,400.00	\$ -		\$ 5,209.60
Gay Men In Recovery	\$ 540.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ -	\$ -		\$ 590.00
Grace Rules	\$ 268.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 268.00
Happy Destinies	\$ -	\$ -	\$ 213.96	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 213.96
Issaquah Tuesday Night Group	\$ 72.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 72.00
Joy Of Living	\$ -	\$ 275.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 450.00		\$ 725.00
Juanita Triangle	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 75.00	\$ -		\$ 75.00
Just for Today	\$ -	\$ -	\$ 275.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 275.00
Kenmore Big Book	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 309.00	\$ -	\$ -		\$ 509.00
Kindred Spirits	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00		\$ 200.00
Kirkland Attitude Modification	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ 150.00	\$ -	\$ 75.00	\$ -	\$ -		\$ 325.00
Kirkland Sobriety Headquarters	\$ -	\$ 125.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 125.00	\$ -	\$ 125.00	\$ -		\$ 375.00
Ladies Step Study	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 128.00	\$ -	\$ -		\$ 128.00
Lifeline	\$ -	\$ -	\$ 223.45	\$ -	\$ -	\$ -	\$ -	\$ 276.72	\$ -	\$ -	\$ -		\$ 500.17
Living Sober	\$ -	\$ 608.58	\$ -	\$ -	\$ 833.52	\$ 314.49	\$ 229.84	\$ -	\$ -	\$ 623.31	\$ 546.73		\$ 3,156.47
Maggie Samson	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 25.00	\$ -	\$ -	\$ -		\$ 25.00
Midway Group	\$ 171.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 171.00
Moss Bay	\$ 125.00	\$ -	\$ -	\$ 218.18	\$ -	\$ -	\$ 130.25	\$ -	\$ -	\$ -	\$ 82.85		\$ 556.28
Nameless Bunch Of Drunks	\$ 1,250.00	\$ 1,250.00	\$ 1,000.00	\$ 1,000.00	\$ 1,250.00	\$ 1,250.00	\$ 1,250.00	\$ 1,250.00	\$ 1,250.00	\$ 1,250.00	\$ 1,250.00		\$ 13,250.00
Nameless Bunch of Drunks International	\$ 635.50	\$ 591.71	\$ 477.35	\$ 537.34	\$ 674.89	\$ 245.00	\$ 1,380.89	\$ 400.50	\$ 446.96	\$ 287.00	\$ 287.02		\$ 5,964.16
Nooners	\$ 127.25	\$ -	\$ 204.17	\$ 156.53	\$ 229.32	\$ 226.41	\$ 108.60	\$ 267.65	\$ 133.08	\$ 179.48	\$ -		\$ 1,632.49

(Continued on Pg 11)

ESIG YTD 2022 Group Contributions

(Continued from Pg 10)

	Jan 22	Feb 22	Mar 22	Apr 22	May 22	Jun 22	Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	TOTAL
Nooners Online	\$ -	\$ 256.38	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 256.38
Pine Lake Stag	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 150.00	\$ -		\$ 150.00
Pocket of Enthusiasm	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 516.00	\$ 250.00		\$ 766.00
Raging On The River	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -	\$ -		\$ 150.00
Recovery Through Honesty	\$ -	\$ -	\$ -	\$ -	\$ 25.00	\$ -	\$ -	\$ -	\$ 50.00	\$ -	\$ -		\$ 75.00
Redmond Recovery	\$ 250.00	\$ -	\$ -	\$ -	\$ 250.00	\$ -	\$ -	\$ -	\$ 250.00	\$ -	\$ -		\$ 750.00
Regla 62 Grupo	\$ 40.00	\$ 40.00	\$ -	\$ 40.00	\$ 40.00	\$ -	\$ -	\$ 80.00	\$ -	\$ 40.00	\$ -		\$ 280.00
Relationships	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 400.00	\$ -	\$ -		\$ 400.00
Sammamish Big Book Study	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 124.00	\$ -	\$ -	\$ -	\$ -		\$ 124.00
Secret Friday Group	\$ -	\$ -	\$ 49.12	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 49.12
Serenity Break	\$ -	\$ 332.49	\$ -	\$ 456.47	\$ 625.51	\$ -	\$ -	\$ -	\$ 1,529.61	\$ -	\$ 3.00		\$ 2,947.08
Serenity Break Online	\$ 125.00	\$ -	\$ 808.42	\$ 150.00	\$ -	\$ 567.40	\$ 25.00	\$ 364.04	\$ 25.00	\$ 30.00	\$ 456.20		\$ 2,551.06
Serenity on Sunday	\$ -	\$ -	\$ 433.68	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 220.00	\$ -	\$ -		\$ 653.68
Seven & Sober	\$ 1,500.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,500.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00		\$ 12,000.00
Sisters in Solution Iss	\$ -	\$ -	\$ 90.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 90.00
Sisters of the Forest	\$ 40.00	\$ 75.00	\$ -	\$ 35.00	\$ 50.00	\$ 100.00	\$ 80.00	\$ 219.35	\$ 65.00	\$ 20.00	\$ 9.00		\$ 693.35
Snoqualmie Stag	\$ 90.00	\$ -	\$ -	\$ 90.00	\$ -	\$ -	\$ -	\$ 90.00	\$ -	\$ -	\$ 90.00		\$ 360.00
Sober Gals	\$ 200.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,000.00		\$ 1,200.00
Sober Seniors	\$ 100.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 100.00
Steppin Up	\$ 40.00	\$ 4.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 44.00
Stepping into Recovery	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ 50.00	\$ -		\$ 150.00
Stillwater Serenity	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 60.00	\$ -	\$ -	\$ -	\$ -		\$ 60.00
Sunday Big Book Study	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -		\$ 100.00
Sunrise	\$ 927.69	\$ -	\$ -	\$ 1,121.49	\$ -	\$ -	\$ 1,021.74	\$ -	\$ -	\$ 1,179.77	\$ -		\$ 4,250.69
The Overlake Group	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 225.00		\$ 225.00
Tiger Mountain OSAT	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 250.00	\$ -		\$ 250.00
Tiger Mountain Stag	\$ -	\$ -	\$ -	\$ -	\$ 800.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 800.00
Tons of Grace	\$ -	\$ -	\$ -	\$ 185.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 458.48	\$ -		\$ 643.48
Tuesday Night Solutions	\$ -	\$ -	\$ -	\$ 600.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 600.00
Tuesday Nite Starters	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 419.01	\$ -		\$ 419.01
Unshackled	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 100.00	\$ -	\$ -	\$ -		\$ 100.00
Up The Creek	\$ -	\$ 40.00	\$ -	\$ -	\$ 25.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 65.00
Wake Up	\$ 20.90	\$ 96.62	\$ 135.05	\$ 55.80	\$ 14.47	\$ -	\$ 207.34	\$ 37.02	\$ 76.72	\$ 60.86	\$ 57.92		\$ 762.70
Women's Big Book Study	\$ -	\$ -	\$ -	\$ 223.00	\$ -	\$ 79.60	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 302.60
Women's Saturday Share	\$ -	\$ -	\$ -	\$ 24.00	\$ 141.05	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 165.05
Women's Saturday Steps	\$ 300.00	\$ -	\$ -	\$ 258.00	\$ -	\$ -	\$ 186.86	\$ -	\$ -	\$ 194.00	\$ -		\$ 938.86
Women In Recovery	\$ 226.19	\$ -	\$ 400.00	\$ -	\$ -	\$ -	\$ -	\$ 185.00	\$ -	\$ 400.00	\$ -		\$ 1,211.19
Women of Worth	\$ -	\$ 75.00	\$ -	\$ -	\$ 50.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -		\$ 125.00
Woodinville Wed. Fellowship	\$ -	\$ -	\$ -	\$ 51.00	\$ -	\$ -	\$ 48.00	\$ -	\$ -	\$ 20.00	\$ -		\$ 119.00
	9,910.52	6,692.75	6,724.66	8,428.12	9,348.94	7,179.97	10,744.86	6,684.34	6,766.07	12,067.55	7,498.67		92,046.45

Office Information

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Office Hours: Open!
Mon - Thurs 10AM-5:30PM
Fri 10AM-5:00PM

Office Manager: Nancy O.
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Assistant Office Manager: Doug H.
Email: doug_h@eastsideaa.org

Intergroup Representative Meeting
First Thursday of each month
7:30 pm-8:30 pm via Zoom

[https://zoom.us/j/181768191?](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNlSVFKQT09)
[pwd=MG02L21hZXk1Y3N0UG1pZnNlSVFKQT09](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnNlSVFKQT09)
All members welcome!

Pink Can Donations YTD

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Newsletter Contributors

Lead Story	Nancy O.
From the Spiral	Matthew T.
Office Report	Nancy O.
Editor	Kyle E.

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us!
newsletter@eastsideaa.org

Errata

- Missed Faithful Fivers for Oct, so they are added in for Oct, Nov, and Dec!

Ed: This is where I provide corrections to the previous newsletters! As a volunteer and humble servant of Eastside Intergroup and A.A., I am prone to mistakes, and this new column is where I get to practice the principle of righting wrongs.

Eastside Intergroup, Districts, General Service Office & Area 72 Information

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Sammamish, & Mercer Island
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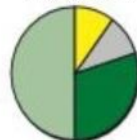
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**Sample of Group Contributions
to A.A. Service Entities**



10% to District
10% to Area 72
30% to G.S.O
50% to Intergroup

Publication Information

The *Personal Stories*, *From the Spiral*, and *And Finally...* sections in *Pass It On* are the recovery experiences of the individual contributor. They are neither conference approved nor endorsed by the General Service Office of Alcoholics Anonymous

Pass It On is a publication of Eastside Intergroup



And Finally... *... from the Editor*

Well, Hello Everyone, and Happy Holidays!

Yes, I missed publishing the newsletter in November; my computer decided not to boot one day and it has been fun getting 'back in bidness'!

At a meeting earlier this week I heard that gratitude can chase away negativity, for gratitude and negativity do not mix well. I suppose the opposite is also true; it's very difficult to be grateful if I'm on my pity pot, feeling sorry for myself, or otherwise angry or condemning something.

Today I have a choice, and that's one reason I try and practice Step 11 each morning. When I step out of my own mind with its thoughts, and spend time reading recovery literature, praying, and getting quiet, better choices are more within reach: hitting a meeting, being of service to *everyone*, slowing reactions, maybe even keeping my mouth closed! Then "We are in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions. We become much more efficient. We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves.

"It works, it really does." (*Alcoholics Anonymous, Pg 88*)

Putting the solution into practice on a daily basis, for staying in the present can sometimes be difficult for me, helps me to be a part of.

Thank you, AA!

If you have a blurb or idea you would like to have published in the ESIG newsletter Pass It On, or suggestions or commentary on content, please reach out to me at newsletter@eastsideaa.org!

- Kyle E.