



## PASS IT ON

# Eastside Intergroup Newsletter

Issue 22

October 2018

### A Teenager's Decision

*Just three years of drinking pushed a shy, lonely, young girl to the depth of depression. Out of sheer despair, she called for help.*

I had my first drink when I was 15 and my alcoholic potential had ripened me to the point of necessary escapism. I needed alcohol from that night on, and it in turn used me, ruling my life for three years.

I never drank socially; I drank as often and as much as I could. My eventual goal was to drink myself to death. All my life, it seemed, was spent on the outside looking in. I had been unhappy, lonely, and scared for so long that the discovery of liquor seemed to be the answer to all my problems.

But it began to be an awfully painful answer as hangovers, blackouts, trouble, and remorse set in. My parents car had a strong attraction to fences, and one night I blacked out and drove the car down a bank, ramming the steel fence around someone's backyard. By the time I figured out what had happened, I saw two flashing red lights atop squad cars, sedately coming around the corner.

I certainly wasn't my shy, quiet self that night - as I was informed the next morning. It was a pretty blurry night. I could hardly see at all, and my memory kept eluding me. I do recall lying on a cold cement floor and shredding into little bits several pieces of stolen identification cards, and washing my face in the toilet bowl trying to sober up, and screaming hysterically while clinging to bars too high to see out of and cursing everyone that came near me.

Naturally, this experience didn't stop me. It only became another excuse to drink. I lost my drivers license, was made a ward of the court, and was put on probation (not to mention the fact that I might have killed three friends and myself). None of this really impressed me. Soon, it became apparent that my schooling was interfering with my drinking. Without hesitation, I did the only logical thing - ran away from home. I was in the fourth quarter of my senior year at high school, and my mother was quite sick in the hospital.

Can you picture two girls hitchhiking their way to Las Vegas from Washington state? We did, and spent a month boozing it up, popping pills, and smoking marijuana; taking shelter where we could, which included a veterinary hospital one night; accepting meals from anyone; actually begging; stealing anything we were in need of, which was about everything. This escapade also ended up in the clutches of the law, and my friend was institutionalized for eight months. I had turned eighteen during the trip, and I despondently returned home by jet (on daddy's bankbook) to a pair of miserable, hurt parents.

It was then that I began to hate myself, and drink primarily to ease my conscience and forget. The more I drank, the worse it got and the more I had to drink. Every day became that much harder to live through, and I began to take a look at myself. What had happened to the shy, lonely church-going wallflower? I had never been very happy, but now it was unbearable.

I did manage to drink my way through all my friends. I had no one in the world to talk to. With increasing guilt and never-ending depression, I was too weak to continue this day-by-day suicide.

Thank God I knew of AA, so I called. I had no idea what would happen - I just knew I didn't want to live if life was going to go on like it was.

Today, I'm counting my blessings instead of my troubles. When I walked into the friendly atmosphere of my first AA meeting, I knew I was where I belong. Here were people who had thought and felt as I had. Here was the understanding I had been searching for all my life. These people were my friends, and I felt their sincere interest in me. With these new and enlightening doors opening to me, I was able to make the eventual decision to stop drinking, a day at a time - because I, too, was an alcoholic. And with this came the only real freedom, the freedom of truth.

My sponsor used to say to me, "if I could only paint you a picture of how beautiful life can be without booze..." I wanted so badly to see the picture as it was in her mind. Well, now I'm living it and trying to paint it for others. AA has become a way of life and living for me. It has brought about a revelation of self, the discovery of an inner being, an awareness of God.

I wouldn't give it up or trade it for anything. And the only one who can take it away from me is me - by taking that first drink.

*-Anonymous (from the book, "Experience, Strength and Hope"*

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*Anonymous*

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**YOU'RE INVITED**

*to the*

# **EASTSIDE INTERGROUP**

## *Open House!*

**REFRESHMENTS, FUN *and* FELLOWSHIP**

.....  
**PLUS A RAFFLE FOR A  
AA MANUSCRIPT REPLICA**

*Retails at \$65*

**OCTOBER**

**19<sup>th</sup>**

**10AM - 6PM**

**OCTOBER**

**20<sup>th</sup>**

**8AM - 12PM**

**HOMEGROUP WITH MOST MEMBERS SHOW UP  
WILL RECEIVE A \$50 ESIG GIFT CERTIFICATE!**

**13401 BEL-RED RD. SUITE B6  
BELLEVUE, WA 98005**

**ESIG@EASTSIDEINTERGROUP.COM**

## Upcoming Sober Events

### **Eastside Intergroup Meeting**

October 4 @ 7:30 pm—8:30 pm  
Bellevue Christian Reformed Church, 1221 148th Ave NE  
Bellevue, WA

### **Where Rivers Meet Big Book Weekend Conference**

October 5 @ 2:00 pm—October 7 @ 12:00 pm  
Shilo Riverfront Inn, 50 Comstock St  
Richland, WA 99352  
www.threeriversbigbookweekend.org

### **WWA72 2018 General Assembly**

October 5 @ 5:00 pm—October 7 @ 5:00 pm  
Hotel Murano, 1320 Broadway Plaza  
Tacoma, WA 98402

### **Rose City Girlstock**

October 12 @ 3:00—October 14 @ 3:00  
Holiday Inn Portland South (HIPS), 25425 SW 95th Ave  
Wilsonville, WA 976070

### **ASL FUNdraiser Fall Harvest Game Night!!!**

October 13 @ 2:00 - 6:00 pm  
Greater Seattle Intergroup, 5507 6th Ave S.  
Seattle, WA 98108

### **Pine Lake Speaker Meeting**

October 13 @ 7:00 pm—9:00 pm  
Pine Lake Covenant Church, 1715 228th Ave SE  
Sammamish, WA 98074

### **Eastside Intergroup Open House**

October 19 @ 10:00 am—6:00 pm. Oct. 20 @ 8:00 am—12:00 pm  
Eastside Intergroup, 13401 NE Bel-Red Rd. Ste B-6  
Bellevue, WA 98005

### **Sky Valley Alky Angels Halloween Dance & Costume Contest**

October 27 @ 8:00 pm  
South Lake Stevens Grange, 2109 103rd Ave SE  
Lake Stevens, WA 98258

All Event Flyers can be found on our website  
[www.eastsideintergroup.com/events](http://www.eastsideintergroup.com/events) To include your events and  
meeting changes in our newsletter please email  
[esig@eastsideintergroup.com](mailto:esig@eastsideintergroup.com)

## Meeting Updates

### **NEW MEETING!**

#### **NEW HOPE GROUP**

Thursday 7:00 pm-8:00 pm  
Alano Club of the Eastside Annex  
12302 NE 8th St. Bellevue  
(Step & Tradition Study)

### **NEW LOCATION & NEW NAME**

#### **YOUNG PEOPLES' BIG BOOK STUDY**

Monday 7:30pm-8:30pm  
Sno-Valley Senior Center  
4610 Stephens Ave.  
Carnation, WA 98014

### **CANCELLED MEETING:**

#### **KIRKLAND THURSDAY NITERS**

Thursdays 7:30 pm—8:30 pm  
Kirkland Congregational Church  
106 5th Ave.  
Kirkland, WA 98033

### **DISTRICT 34 MEETING MOVES**

1st Tuesday of the month  
Bellevue Christian Reformed  
Church  
1221 148th Ave NE, Bellevue

### **KIRBYPAA MEETINGS**

2nd & 4th Sunday each month  
4:00 pm-6:00 pm  
Eastside Intergroup Office  
13401 Bel Red Rd. #B6  
Bellevue, WA 98005

### **PSYPC MEETINGS**

3rd Sunday each month 4:30pm  
Eastside Intergroup Office  
13401 Bel Red Rd. Suite B6  
Bellevue, WA 98005

# Information Corner: “GOOD TEMPER”

‘Once I was working on a woman in Cleveland, I called and ask (Dr. Bob), ‘What do I do for somebody who is going into D.T.’s?’ He told me to give her the medications, and he said, ‘When she comes out of it and she decides she wants to be a different woman, get her Drummond’s **“The Greatest Thing in the World.”**’ Tell her to read it through every day for 30 days, and she’ll be a different woman.’

“DR. BOB and the Good Oldtimers” p310

(Excerpts from)

## THE GREATEST THING IN THE WORLD AND OTHER ADDRESSES

BY HENRY DRUMMOND  
First Published c1880

EVERY one has asked himself the great question of antiquity as of the modern world: What is the *summum bonum*—the supreme good? You have life before you. Once only you can live it. What is the noblest object of desire, the supreme gift to covet?

We have been accustomed to be told that the greatest thing in the (spiritual) world is Falth. That great word has been the key-note for centuries of the popular religion; and we have easily learned to look upon it as the greatest thing in the world. Well, we are wrong....”The greatest of these is **Love.**”...

The Spectrum of Love has nine ingredients:

Patience . . . . .  
Kindness . . . . .  
Generosity . . . .  
Humility . . . . .  
Courtesy . . . . .  
Unselfishness . .  
**Good Temper** . .  
Guilelessness . .  
Sincerity . . . . .

Patience; kindness; generosity; humility; courtesy; unselfishness; good temper; guilelessness; sincerity—**these make up the supreme gift, the stature of the perfect man.**

**Good Temper.** “Love is not easily provoked.” Nothing could be more striking than to find this here. We are inclined to look upon bad temper as a very harmless weakness. We speak of it as a mere infirmity of nature, a family failing, a matter of temperament, not a thing to take into very serious account in estimating a man’s character. And yet here, right in the heart of this analysis of love, it finds a place; as **one of the most destructive elements in human nature.**

The peculiarity of **ill temper** is that it is the **vice of the virtuous**. It is **often the one blot on an otherwise noble character**. You know men who are all but perfect, and women who would be entirely perfect, but for an **easily ruffled, quick-tempered, or “touchy” disposition**. This compatibility of ill temper with high moral character is one of the strangest and saddest problems of ethics.

No form of vice, not worldliness, not greed of gold, not drunkenness itself, does more to malign society than evil temper. For embittering life, for breaking up communities, for destroying the most sacred relationships, for devastating homes, for withering up men and women, for taking the bloom off childhood; in short, for sheer gratuitous misery-producing power, this influence stands alone.

Analyze, as a study in temper, the thunder-cloud itself as it gathers upon an angry brow. What is it made of? Jealousy, anger, pride, uncharity, cruelty, self-righteousness, touchiness, doggedness, sullenness—these are the ingredients of a dark and loveless soul. In varying proportions, also, these are the ingredients of all ill temper.

You will see then why Temper is significant. It is not in what it is alone, but in what it reveals. This is why I take the liberty now of speaking of it with such unusual plainness. It is a test for love, a symptom, a revelation of an unloving nature at bottom. It is the intermittent fever which bespeaks chronic disease within; the occasional bubble escaping to the surface which betrays some rottenness underneath; a sample of the most hidden products of the soul dropped involuntarily when off one’s guard; in a word, the lightning form of a hundred hideous defects. For a want of patience, a want of kindness, a want of generosity, a want of courtesy, a want of unselfishness, are all instantaneously symbolized in one flash of Temper.

Hence it is not enough to deal with the temper. We must go to the source, and change the inmost nature, and the angry humours will die away of themselves. Souls are made sweet not by taking the acid fluids out, but by putting something in—a great Love, a new Spirit....This only can eradicate what is wrong, work a chemical change, renovate and regenerate, and rehabilitate the inner man. Will-power does not change men. Time does not change men. (God) does... Some of us have not much time to lose. Remember, once more, that this is a matter of life or death. I cannot help speaking urgently, for myself, for yourselves.

# SEPTEMBER 2018 ESIG OFFICE REPORT

September was a great month at Eastside Intergroup!

We have had so many new people come by and check out our store. Did you know that from January through September we sold 1,367 Big Books, 22 of which were other languages? Compared to 2017 which for the same time frame was 1,103 Big Books. That's an increase of 264 books—We are definitely carrying the message to the alcoholic that still suffers.

**Don't Forget About our Open House One lucky person will win a copy of the original manuscript of the Big Book!**



**And... the Home Group with the highest percentage of members that stop by will win a \$50 Gift Certificate to our store!**

**We hope you come check out our store!**

**Thank You September Office Volunteers!**

Al F., Cindy S., Cyndy F., Jill M., Karen M., Kathy S, Leslie G., Natasha N., Sharon R., Steve B., Susan H., Ted W., Sheriff Tim Q., Ulf W., and Wallene D. Rick F. picked up schedules at Seattle Intergroup and Steve E. hung our new white board. You all make my job easier!



**Mark your calendars for our 2019 events—**

Pancake Breakfast April 13th and our Annual ESIG Picnic July 27th

## **September Activities:**

9/8 Travis & Nancy held Hotline Training and we also had our 3rd Annual ESIG at the Mariners which was really fun. On 9/15 ESIG Young People Committee Chair, Josh A. together with District 38 held a Sponsorship Conference which was very successful. We participated in the District 35 Sobriety Vs. Just not drinking workshop.

I've had fun checking out some different meetings this month that are out of the norm for me. Included are Woodinville Wednesday Fellowship and the Bellevue Group (Medina),

The office has answered several calls this month from people wanting to get sober. It seems to be more women than men right now. If you'd like to volunteer at the office, please give me a call 425-454-9192.

As Always, Thanks for allowing me to be of service!

*Nancy O.*

## How Can You Support Your Intergroup in Addition to the 7th Tradition at Your Meetings?

### Join the Faithful Fivers

#### What are Faithful Fivers?

Faithful Fivers are AA members who graciously pledge to contribute \$5.00 each month to support Eastside Intergroup in its efforts to carry the AA message of hope and recovery to those alcoholics who still suffer in the Eastside area.

As a Faithful Fiver, your contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered that we wasted much more than \$5 each month during our drinking days.

Contributions to Eastside Intergroup from AA members are limited to \$3,000 per member per year and are tax deductible under Internal Revenue Code: 501(c)3.

### THANK YOU SEPTEMBER FAITHFUL FIVERS!

Mary B.   Susan M.   Howard D

Bob C.   Sherre P.   Don M.

Barbara M.   Nancy O

Ulf W.   Garret V.

Dave W.   Virginia M.



*Yes! Please enroll me as a*

*Faithful Fiver!*

Here is my contribution of

\$ \_\_\_\_\_ for \_\_\_\_\_ months

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Return this form to:  
Eastside Intergroup  
13401 NE Bel-Red Rd. Suite B6  
Bellevue, WA 98005

### Join the Birthday Club

#### Eastside Intergroup Birthday Club!

Many of our members contribute to ESIG \$1, \$2 or \$5 per year during their

AA Anniversary month.

We'll print your name, sobriety date and home group in our Newsletter.

Your Birthday Club contributions directly support your Eastside Intergroup Office which provides a 24 hour phone line, literature, coins and more!

### Birthday Club!

Name \_\_\_\_\_

Home Group \_\_\_\_\_

Sobriety Date \_\_\_\_\_

Contribution \$ \_\_\_\_\_

Get your name & home group in the newsletter!

### SEPTEMBER PINK CAN CONTRIBUTIONS

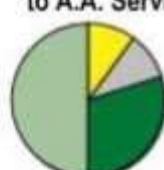
|                        |                                |
|------------------------|--------------------------------|
| Nooners                | Kirkland Sobriety Headquarters |
| Seven & Sober          | Eastside Women                 |
| Friday Night Firehouse | Fresh Start                    |
| Wake Up                |                                |
| Eastside Beginners     |                                |

## Thank You!



| Office Information   | Thank You Hotline Volunteers!  |   |  |  |
|--|--|---|--|--|
| <p>13401 NE Bel-Red Rd., Suite B6<br/>Bellevue, WA 98005</p> <p>Phone: 425-454-9192<br/>24-Hours a Day</p> <p>Email: esig@eastsideintergroup.com</p> <p>Website: www.eastsideintergroup.com</p> <p>Office Hours: Monday-Friday 10 am-6 pm</p> <p><b>Office Manager:</b> Nancy O.<br/>Email: Nancy@eastsideintergroup.com</p> <p><b>Intergroup Representative Meeting</b></p> <p>First Thursday of each<br/>month 7:30 pm-8:30 pm<br/>at:<br/>Bellevue Christian Reformed Church<br/>1221 148th Ave NE<br/>Bellevue, WA 98005</p> <p>All members welcome!</p> | <p>Anne W.<br/>Carmen A.<br/>Carrie W.<br/>Chuck M.<br/>Cindy S.<br/>Elton B.<br/>Fred M.</p>  | <p>Ginny K.<br/>Jessica D.<br/>Leslie G.<br/>Mark B.<br/>Mark J.<br/>Mike S.<br/>Richard J.</p> | <p>Sheldon A.<br/>Stephanie S.<br/>Syrianah V.<br/>Ted W.<br/>Tracy A.<br/>Travis S.</p>   | <p><b><u>BACKUPS:</u></b><br/>Travis S.<br/>Sheree P.<br/>Bill J.<br/>Eric C.<br/>Syrianah V.<br/>Nancy O.</p> <p><b><u>Coordinator:</u></b><br/>Travis S.</p> |
|  | <p><b><u>Newsletter Contributors</u></b></p> <p>Publisher.....Steve B.<br/>Editor.....John M.<br/>Personal Story.....Anonymous<br/>Office Report.....Nancy O.</p> <p>If you want to write your story for<br/>the newsletter, send it to:<br/>newsletter@eastsideintergroup.com</p> |   | <p><b><u>Thanks Office Volunteers!</u></b></p> <p>Al F.<br/>Cindy S.<br/>Cyndy F.<br/>Jill M.<br/>Josh A.<br/>Karen M.<br/>Kathy S.<br/>Leslie G.<br/>Natasha N.<br/>Sharon R.<br/>Steve B.</p> <p>Susan H.<br/>Ted W.<br/>Sheriff Tim Q.<br/>Ulf W.<br/>Wallene D.</p> <p><b><u>Literature Pick<br/>Up</u></b><br/>Rick F.<br/><b><u>Handy Man</u></b><br/>Steve E.</p> |  |

**Group Contributions, District, GSO & Area Info**

|  |   |   |
|--|---|---|
| <p><b><u>Eastside Intergroup</u></b></p> <p>Eastside Intergroup<br/>13401 NE Bel Red Rd. #B6<br/>Bellevue, WA 98005</p>  | <p><b><u>District 34</u></b></p> <p>Bellevue, Redmond, East Lake<br/>Sammamish, Mercer Island<br/>PO Box 50081<br/>Bellevue, WA 98015</p> | <p><b><u>District 38</u></b></p> <p>Kirkland<br/>P.O. Box 322<br/>Kirkland, WA 98083</p>  |
| <p><b><u>Western Washington Area 72</u></b></p> <p>702 Kentucky St. #535<br/>Bellingham, WA 98225</p>  | <p><b><u>District 35</u></b></p> <p>Issaquah<br/>P.O. Box 442<br/>Issaquah, WA 98027</p>  | <p><b><u>District 39</u></b></p> <p>Bothell, Kenmore, Woodinville<br/>P.O. Box 1695<br/>Bothell, WA 98041-1695</p>  |
| <p><b><u>General Service Office (GSO)</u></b></p> <p>P.O. Box 459<br/>Grand Central Station<br/>New York, NY 10163</p> <p><b><u>ESIG District Addresses:</u></b></p> | <p><b><u>District 36</u></b></p> <p>Snoqualmie Valley, Duvall, North<br/>Bend<br/>P.O. Box 1963<br/>North Bend, WA 98045</p>              | <p><b>Sample of Group Contributions<br/>to A.A. Service Entities</b></p>  <p>10% to District<br/>10% to Area 72<br/>30% to G.S.O<br/>50% to Intergroup</p> |

# September Intergroup Meeting Attendance

## *Thank You!*

|  |  |
|--|--|
| <b>Andy G. – Core Relations &amp; District 35 PI</b>   | <b>Maggie S. – Sober Seniors</b>                     |
| <b>Anne K. – Seven &amp; Sober</b>                     | <b>Margie C. – ESIG Web Committee</b>                |
| <b>Bob C. – ESIG Board &amp; Eastside Men’s Group</b>  | <b>Mary B. – ESIG Board &amp; Eastside Beginners</b> |
| <b>Charisse B. – Eastside Women</b>                    | <b>Matt H. – Essentials</b>                          |
| <b>Charlie C. – ESIG Web Committee</b>                 | <b>Michael H. – Nameless Bunch of Drunks</b>         |
| <b>Conor O. – ESIG Board Secretary</b>                 | <b>Nancy O. – ESIG Office Manager</b>                |
| <b>David S. – ESIG Corrections Chair</b>               | <b>Paul J. – observing</b>                           |
| <b>Derek B. – ESIG Board Co-Chair &amp;</b>            | <b>Phil K. – ESIG CPC &amp; District 34 CPC</b>      |
| <b>Eileen L. – Bellevue New Group</b>                  | <b>Shawna C. – Women in Recovery</b>                 |
| <b>Garret V. – ESIG Board Chair</b>                    | <b>Staci H. – Friday Night Firehouse</b>             |
| <b>Janine B. – ESIG P.I. Chair</b>                     | <b>Steph K. – Issaquah Tuesday Night</b>             |
| <b>Jill M. – Overlake</b>                              | <b>Steve B. – Bellevue Group</b>                     |
| <b>John K. – ESIG Board</b>                            | <b>Steve B. – ESIG Newsletter Publisher</b>          |
| <b>Joshua A. – ESIG YP Rep &amp; Sobriety Lifeline</b> | <b>Steve E. – Maximum Service</b>                    |
| <b>Karen M. – Sammamish Big Book</b>                   | <b>Ted W. – Heretics Haven Secular</b>               |
| <b>Kathleen F. - Women’s Saturday Steps</b>            | <b>Terry M. – Living Sober</b>                       |
| <b>Ken T. – Redmond Recovery</b>                       | <b>Tim B. – Pine Lake Speaker Meeting Liaison</b>    |
| <b>Liesa S. – Women’s Way</b>                          | <b>Tom Z. – Sat. A.M. Steps/Traditions Issaquah</b>  |
| <b>Linda W. – Sunrise</b>                              | <b>Vicki J. – Pine Lake Speaker Meeting</b>          |
| <b>Lisa J. – Any Lengths &amp; Joy of Living</b>       | <b>Virginia M. - ESIG Treasurer</b>                  |

### ***What does an Intergroup Representative do?***

An Intergroup Rep is elected at his/her Home Group and attends the Eastside Intergroup Meeting on the 1st Thurs-day of each month from 7:30 pm to 8:30 pm. You represent your home group at the monthly meeting and hold a vote for your group. Because Eastside Intergroup covers five Districts and is a central clearing-house for local AA activities and information, you become a vital link between the Intergroup office, the Districts, and your home group. The Intergroup Rep keeps his or her home group informed about work being done, activities going on, etc. You become a part of the networking between Eastside Intergroup and the groups.



## ESIG YTD GROUP CONTRIBUTIONS

**September 30, 2018**

| NAME                           | JAN    | FEB    | MAR    | APR    | MAY    | JUNE   | JULY   | AUG    | SEPT   | YTD    |
|--------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 59 Minutes At Pine Lake        |        |        | 192.00 |        |        |        |        |        |        | 192.00 |
| 60 Minutes in Preston          |        |        | 50.00  |        |        |        |        |        |        | 50.00  |
| A Gift Grows with Time         |        |        |        |        |        |        |        | 10.70  |        | 10.70  |
| Anchor Group                   | 120.00 |        |        |        |        |        |        |        |        | 120.00 |
| Anonymous                      |        |        |        |        |        | 69.00  |        |        |        | 69.00  |
| Any Lengths Group              | 179.72 |        |        |        | 164.02 |        |        |        |        | 343.74 |
| Bel-East Lunch                 |        |        |        |        |        |        | 466.78 |        |        | 466.78 |
| Bel-Kirk Saturday Breakfast    |        |        |        |        |        | 250.00 |        |        |        | 250.00 |
| Bellevue New Group             |        |        | 300.00 |        |        |        |        |        | 600.00 | 900.00 |
| Better Odds Sober              |        |        |        |        |        |        |        | 125.00 |        | 125.00 |
| Beyond Sobriety                |        |        |        | 100.00 |        |        |        |        |        | 100.00 |
| Big Book Stag                  | 150.00 |        |        |        |        |        |        |        |        | 150.00 |
| Big Book Step Study            | 73.43  |        |        | 137.16 |        | 100.00 |        |        |        | 310.59 |
| Bill's Kitchen                 | 40.00  |        | 40.00  |        |        | 40.00  |        |        | 50.00  | 170.00 |
| Came to Believe                |        |        | 65.46  |        |        | 64.21  |        |        |        | 129.67 |
| Clyde Hill Step Study          |        | 108.50 |        |        |        |        |        |        | 99.00  | 207.50 |
| Coal Creek Study Group         | 35.00  |        |        |        |        |        |        |        |        | 35.00  |
| Come as You Are Part 2         | 120.00 |        |        |        |        |        |        |        |        | 120.00 |
| District 34 Treatment          |        | 220.00 |        |        |        |        |        |        |        | 220.00 |
| District 38                    | 125.00 |        |        |        |        |        |        |        |        | 125.00 |
| Downtown Stag                  | 80.00  |        |        |        | 80.00  |        |        |        | 60.00  | 220.00 |
| Duvall Big Book Study          |        |        |        |        |        |        |        |        | 215.00 | 215.00 |
| Eastside Beginners             | 175.00 |        |        | 198.37 |        |        | 207.00 |        |        | 580.37 |
| Eastside Open Breakfast        |        |        |        |        |        | 100.00 |        |        |        | 100.00 |
| Eastside Women                 |        | 129.19 |        | 125.00 |        |        |        | 90.00  |        | 344.19 |
| Essentials                     |        |        |        |        |        |        |        | 123.99 |        | 123.99 |
| Five & Dime                    |        |        | 557.50 |        |        |        |        |        |        | 557.50 |
| Fresh Start                    |        |        | 304.35 |        |        |        |        | 502.17 |        | 806.52 |
| Friday Night Firehouse         | 450.00 |        |        |        | 250.00 |        |        | 250.00 |        | 950.00 |
| From the Hat                   |        |        |        |        |        |        | 129.33 |        |        | 129.33 |
| Grace Rules                    | 96.11  |        |        |        |        |        |        | 139.12 |        | 235.23 |
| Happy Destinies                |        |        |        |        |        |        | 337.50 |        |        | 337.50 |
| Heretics Haven Secular         |        |        | 50.00  |        |        |        | 100.00 |        |        | 150.00 |
| Home Group                     | 33.86  |        |        |        |        |        |        |        |        | 33.86  |
| HOW                            |        |        |        |        | 75.00  |        |        | 75.00  |        | 150.00 |
| Juanita Triangle               |        | 130.00 |        |        |        |        |        |        |        | 130.00 |
| Joy of Living                  |        |        |        |        |        |        | 22.50  |        |        | 22.50  |
| Kenmore Big Book               |        | 200.00 |        |        |        |        |        |        | 700.00 | 900.00 |
| Kenmore Friday Nighters        | 160.00 |        |        |        |        |        |        |        |        | 160.00 |
| Kirkland Mens Group            |        |        |        |        |        | 200.00 |        |        |        | 200.00 |
| Kirkland Sobriety Headquarters |        |        |        |        | 150.00 |        |        |        |        | 150.00 |
| Ladies Step Study              | 51.00  |        | 68.00  |        | 96.00  |        |        | 74.00  | 74.00  | 363.00 |
| Lifeline                       |        | 100.00 |        | 300.00 |        |        |        | 100.00 |        | 500.00 |

## ESIG YTD GROUP CONTRIBUTIONS

**September 30, 2018**

|                            |          |          |          |          |          |          |          |          |          |                  |
|----------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------------|
| Living Sober               | 210.24   |          | 463.85   |          | 349.27   | 194.35   | 96.43    |          | 493.43   | <b>1,807.57</b>  |
| Main Street Saturday       |          |          |          |          |          |          |          | 50.00    |          | <b>50.00</b>     |
| Maximum Service            |          |          | 167.50   |          |          |          |          | 243.00   |          | <b>410.50</b>    |
| Mercer Island Thursday     |          |          |          |          |          |          | 300.00   |          |          | <b>300.00</b>    |
| Monday Mumblers            | 109.80   |          |          |          |          |          |          |          |          | <b>109.80</b>    |
| Moss Bay                   |          |          |          |          | 650.00   |          |          |          | 300.00   | <b>950.00</b>    |
| Nameless Bunch Of Drunks   | 1,000.00 | 1,000.00 | 1,250.00 | 1,250.00 | 700.00   | 1,000.00 | 1,000.00 | 1,000.00 | 1,500.00 | <b>9,700.00</b>  |
| Newcomers                  |          |          |          |          | 150.00   |          |          |          |          | <b>150.00</b>    |
| Newport Daytimers          |          |          |          | 660.00   |          |          |          |          |          | <b>660.00</b>    |
| The Nooners                | 216.09   | 212.76   | 171.75   |          | 371.81   | 228.02   | 172.81   |          |          | <b>1,373.24</b>  |
| North Bend Group           |          | 20.00    |          |          |          | 20.00    |          |          |          | <b>40.00</b>     |
| OSAT                       | 500.00   |          |          |          |          | 700.00   |          |          |          | <b>1,200.00</b>  |
| Overlake                   |          |          |          |          |          |          |          | 211.50   |          | <b>211.50</b>    |
| Path to Serenity           |          |          |          |          |          |          |          |          | 400.00   | <b>400.00</b>    |
| Pocket of Enthusiasm       |          |          |          | 427.98   |          |          |          |          |          | <b>427.98</b>    |
| Raging On The River        | 120.00   |          |          |          |          |          | 120.00   |          |          | <b>240.00</b>    |
| Recovery Through Honesty   |          |          |          |          |          |          | 40.89    |          |          | <b>40.89</b>     |
| Reflections                |          |          |          | 40.80    |          |          |          |          |          | <b>40.80</b>     |
| Sammamish Sober Sisters    |          |          |          | 130.00   |          |          |          |          | 90.00    | <b>220.00</b>    |
| Serenity Break             | 678.00   | 468.00   | 184.24   |          | 1,529.15 | 457.94   |          |          | 876.99   | <b>4,194.32</b>  |
| Serenity on Sunday         | 200.00   |          |          | 242.80   |          |          | 192.80   |          |          | <b>635.60</b>    |
| Sermon on the Mount        |          |          | 100.11   |          |          |          |          |          |          | <b>100.11</b>    |
| Seven & Sober              | 1,000.00 | 700.00   | 500.00   | 1,250.00 | 1,000.00 | 1,250.00 | 1,250.00 | 1,000.00 | 800.00   | <b>8,750.00</b>  |
| Sharing the Legacy         | 200.00   | 200.00   |          |          |          | 200.00   | 200.00   |          | 200.00   | <b>1,000.00</b>  |
| Snoqualmie Friday Night    |          |          |          |          | 100.00   |          |          |          |          | <b>100.00</b>    |
| Sober at Cottage Lake      |          |          |          |          |          |          |          | 250.00   |          | <b>250.00</b>    |
| Sober on the Ridge         |          |          |          |          |          | 247.50   |          |          |          | <b>247.50</b>    |
| Sober Seniors              |          |          | 10.00    |          |          |          |          |          |          | <b>10.00</b>     |
| Sober Women                |          |          |          | 93.60    |          |          |          |          |          | <b>93.60</b>     |
| Sobriety Life Line         |          |          | 349.60   |          |          |          |          |          |          | <b>349.60</b>    |
| Southside Breakfast        |          |          |          | 160.00   |          |          |          |          | 120.00   | <b>280.00</b>    |
| Steppin Up                 |          |          |          | 100.00   |          |          |          |          |          | <b>100.00</b>    |
| Steps to Freedom           | 20.00    |          |          |          |          |          |          |          |          | <b>20.00</b>     |
| Sunlight of the Spirit     |          |          | 150.00   |          |          |          |          |          |          | <b>150.00</b>    |
| That 12 & 12 Meeting       | 80.00    |          |          |          |          | 150.00   |          |          |          | <b>230.00</b>    |
| Tons of Grace              | 200.00   |          |          |          |          | 200.00   |          |          |          | <b>400.00</b>    |
| Totem Lake                 |          | 50.00    |          |          |          | 50.00    |          |          | 50.00    | <b>150.00</b>    |
| Tuesday Issaquah B         |          |          |          |          |          |          | 207.00   |          |          | <b>207.00</b>    |
| Tuesday Night Solutions    |          |          | 150.00   |          |          | 200.00   |          |          | 200.00   | <b>550.00</b>    |
| Tuesday Night Starters     | 96.35    |          |          | 73.04    |          |          | 124.05   |          |          | <b>293.44</b>    |
| Wake Up                    | 243.75   | 314.25   | 204.00   | 248.00   | 176.94   | 167.39   | 141.50   | 130.75   | 153.13   | <b>1,779.71</b>  |
| Woodinville Wed Fellowship |          |          |          |          |          | 62.56    |          |          |          | <b>62.56</b>     |
| Women's Big Book           |          |          |          |          |          |          | 55.42    |          |          | <b>55.42</b>     |
| Women In Recovery          | 250.00   |          |          |          | 261.17   |          | 205.51   |          |          | <b>716.68</b>    |
| Women in Sobriety          |          |          |          |          |          |          |          | 500.00   |          | <b>500.00</b>    |
| Women's Saturday Steps     |          |          | 230.51   |          |          | 233.53   | 425.02   |          | 321.03   | <b>1,210.09</b>  |
| <b>TOTAL</b>               |          |          |          |          |          |          |          |          |          | <b>52,221.88</b> |