



PASS IT ON

Eastside Intergroup Newsletter

Issue 87 October 2024

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*Office Report
by Doug H.*

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Office Information

**October
2024**





Office/Store Activity:

It's been an average month of activity in the store. You can see the overall sales report below. We have concentrated on looking closer at what it makes sense to keep in stock and what we maybe shouldn't. There are a few titles where I've lowered the prices to get some of the excess inventory out the door. Those titles are AA Comes of Age, Dr Bob and The Good Oldtimers, Pass It On, and the soft cover mini 12 & 12. Early Christmas shopping anyone? I'd be curious to hear from people what they would like to see us carry more of in the way of AA Published Literature, coins and other items vital to supporting AA groups.

Everyone appeared to have a great time at the Mariners Recovery Day game. I don't have specific numbers, but it looks like the event has grown over the past 3 years. ESIG had 70 people in attendance.

We've been getting flyers from the districts for their Gratitude Dinners

Hotline: We are a full month into the switchover to Grasshopper and things appear to be working well. A couple of the volunteers have said they've had calls dropped or had poor sound quality. We are keeping an eye on this. The number of calls coming into the hotline after hours is a little lower than it's been in the recent past, though that really doesn't have anything to do the forwarding service. The one feature I do appreciate is the ability for the caller to leave a message on voice mail if they don't need to speak with a volunteer.

What's Selling!

Items sold for the month of September:

Big Books	96	Grapevine Books	3
12x12 Books	75	Schedules	230
Other AA Books	89	Al-Anon Books	4
AA Pamphlets	159	Bookmarks, Greeting Cards	34
Coins	488	Gifts	15
Hazelden, Other Books	27		

Specialty Coin of the Month: The Promises



Literature of the Month:

AA Book of the Month: AA Comes of Age – Bill W. tells the story of how the A.A. Fellowship grew, from its beginnings in New York and Akron to its spread across the country and overseas. Through the lens of the Three Legacies of

Recovery, Unity and Service, Bill explains how the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service evolved. Closing chapters share the perspectives of early "friends of A.A.," including Dr. Silkworth and Father Ed Dowling. With 16 pages of archival photographs.

AA Pamphlet of the Month: Circles of Love and Service – This pamphlet describes how AA Members work in the general service structure of AA with the guidelines of the traditions and concepts for world service to ensure that AA will always be there for the alcoholic who still suffers.

AA Grapevine Book of the Month: No Matter What: Dealing with adversity in sobriety – What, I'll still have problems to overcome in sobriety?? All recovering alcoholics have had to deal with adversity throughout sobriety...a serious illness, an ugly divorce, the death of a child, the loss of a house to fire or to the bank. Despite the fear, pain or self-pity we are in when these tragedies strike, drinking is not an option. The stories in this book show how AA members use the tools of the program and embrace the Fellowship to deal with tough issues.

Support:

We continue to have needs in the following areas: Hotline volunteers - these volunteers have the ESIG phone forwarded to them when the office is closed (5:00 pm - 10:00 am weekdays, all day Saturday and Sunday). We do periodic training for Hotline volunteers; my experience is that if we get someone with a good base of recovery, they can pretty much read the manual and do just fine. We can always use 12th step list volunteers. The Hotline volunteers should only keep someone on the line for about 10 - 15 minutes, then, if the call warrants, they would turn them over to someone on the 12th Step list who may arrange to get them to a meeting.

We have a need for office volunteers whose primary responsibility is to answer the phones in the office during working hours. Office volunteers can also perform other tasks based on their abilities and willingness. Other tasks are helping with inventory counts, stocking shelves, and ringing up sales. Ideally, at least for the next few months, I'd like to have a small pool of volunteers who could be by themselves in the office for an hour or two in the morning (opening the office), or in the afternoon (closing).

Lastly, we have 3 Service Focal openings: Corrections, PI/CPC, and Young People. At ESIG, we get requests for AA Service work from time to time and our service focal will coordinate with the district and area service committees to get the opportunities to the right place and support them in making it happen.

Volunteers:

The volunteers in the office continue to be our lifeblood. From answering phones, to re-stocking inventory, to being the cheerful smiling face in the store, you guys are so appreciated! This month Ted W, Jim M, Ken T, Lynn B, Lisa S, Vince Y, Carla L, Patti B, Tim C, and Ali V. all contributed their time and talents to keep the office in great shape! I'd especially like to thank Ted, Jim, Ali, Vince, Carla and Ken who watched over the office for two days so that I could take a couple of days off to go hang out with my daughter!

Respectfully Submitted

Doug H, Office Manager

Save the Date!

2025 A.A. International Convention

July 3-6, 2025



AA.org/International-Convention

Language of the Heart
Lenguaje del corazón
Le langage du cœur

Traditions Study



Every 1st/3rd Wednesday
 Starting on September 4th
 6:00 - 7:00 pm
 Zoom ID: 872-6503-5661
 No Passcode



Using AA Published Literature and Pamphlets

Literature Study



Every 2nd/4th Wednesday
 Starting on September 11th
 4:00 - 5:00 pm
 Zoom ID: 327-332-6606
 Passcode: 062977



An in-depth look at the Pamphlets published by AA

10-11-12 OCT 2024

TURKEY 80th AA CONVENTION

Finike /Antalya / Turkey
Presa Di Finica Hotel & Suites

“Keep it Simple”



www.presadifinica.com.tr



Information:

ghosekreter@adsizalkolikler.com

0090 532 341 00 99

Alcoholics Anonymous





What's The Point !?!?



"12 Steps to Emotional Sobriety

October 11,12,13 2024

Presenter: Wayne B.

(Los Angeles, CA)

"When Just Being Sober Isn't Enough"

Highlighting the 3 phases of 12 Step Development: **Desperation** | **Restoration** | **Transformation**

Phase 1 of 12 Step Development: **Desperation** | Steps 1 – 3: *We Uncover the Problem*

Phase 2 of 12 Step Development: **Restoration** | Steps 4 – 9: *We Discover and Discard The Results of The Problem*

Phase 3 of 12 Step Development: **Transformation** | Steps 10 – 12: *We Recover from The Problem*

Friday Night Speaker: St. Thomas Episcopal Church, 8398 N.E. 12th St,
Medina, WA 98039

Venue Sat & Sun: Eastside Alano Club, 12302 N.E. 8th St, Bellevue, WA 98036

Friday:	6:00 pm—7:00 pm	Meet the Presenter	7:00 pm — 8:30 pm	Open AA Meeting Wayne's Story
Saturday:	8:00 am—9:00 am	Registration	9:00 am — 4:00 pm	Session I — IV
Sunday:	8:00 am—9:00 am	Registration	9:00 am — 4:00 pm	Session V — VIII

Speaker Meeting 7th Tradition more information, please call:

Rona Y.R (253) 202-9965,
Tom L. (206) 391-0843,

Pre-registration: \$35.00 – Saturday at the door: \$40.00

To Pre-Register via Venmo: @Tom-Laris

Registration Tickets will also be sold by local members

*Lunch will be available on site from 12:00 - 1:00 pm on Saturday & Sunday for \$10.



Live at Pine Lake

Speaker Meeting
Saturday, Oct 12, 2024
7:00 – 8:30 PM

Featuring
Tim W.

from Vancouver, WA

Pine Lake Covenant Church
1715 228th Ave SE, Sammamish, WA 98075

This meeting provides free childcare.

Please bring your friends to
experience the fellowship of AA.

Live cast Zoom ID: 977 787 8779

Password: 1212

Speakers subject to change



REGISTER AT:

BAKERSTOCK.ORG

CANDICE M. Los Angeles, CA.

CARLA R. Tujunga, CA.

DEBBIE D. Concorde, CA.

GRANT F. Edmonds, WA.

JEFF V. Fargo, ND.

KENT C. SANDUSKY, OH.

LARCINE G. Alanon

MARK T. Langley, WA.

RE-ENERGIZE YOUR RECOVERY!

LISTEN TO SOME OF AA'S MOST TALENTED COMMUNICATORS SHARE THEIR EXPERIENCE, STRENGTH & HOPE THROUGH THE LENS OF OUR 12 STEPS

BAKERSTOCK

CELEBRATE SOBRIETY!

October 18-20, 2024

FOUR POINTS BY SHERATON BELLINGHAM HOTEL & CONFERENCE CENTER

714 LAKEWAY DR.

Reserve your sleeping room: CALL 360.671.1011 Mention **BAKERSTOCK**

FOOD, FUN & FELLOWSHIP, JOIN US FOR AN INFUSION OF HAPPY RECOVERY!



DISTRICT 36

GRATITUDE DINNER



*PLEASE BRING THE FOLLOWING SIDE DISH ACCORDING
TO YOUR AA BIRTHDAY MONTH:*

JAN - JUNE: POTATOES, RICE, PASTA

JULY - AUGUST: GREEN SALAD

SEPT - OCT: COLD SIDE DISH/VEGETABLE

NOVEMBER: BREAD

DECEMBER: DESSERT

MEAT TO BE PROVIDED BY EACH MEETING GROUP

*SI VIEW
COMMUNITY CENTER
400 SE Orchard Dr
North Bend, WA 98045*

NOVEMBER 2ND

5PM TO 9PM

DINNER STARTS AT 6PM

SPEAKERS START AT 7PM

Purchase Tickets at
www.snovalleyaa.org

District 39 | 2024 Gratitude Dinner

District 39 present nationally known AA speaker,
Bob D. (Darrell). from Las Vegas, NV.

Where: Gold Creek Community Church
Address: 4326 148th St SE,
Mill Creek, WA 98012
When: Friday, Nov. 15th
Time: 5 PM -9 PM



Opportunity to sell **advanced tickets** through your home group.
Cost is \$10.00 per ticket.
Limited tickets available at the door.

Join the fun, experience, strength and hope, with opportunity to buy raffle tickets and win raffle prizes.

Please bring a side dish based on first letter of your last name:

A - F:	Appetizer
G - L:	Sides
M - R:	Salads
S - Z:	Dessert

Groups: Please Supply a sliced Turkey or Ham
If you can bring two sides, it would be much appreciated.

District 39



DISTRICT 38 PRESENTS
2024
GRATITUDE DINNER

SATURDAY, NOVEMBER 9TH

EASTSIDE CHURCH
14520 100TH AVE. NE BOTHELL WA. 98011
DOORS OPEN 4:30 EVENT STARTS 5:30

**PLEASE BRING THE FOLLOWING SIDE DISH
 ACCORDING TO YOUR SOBRIETY BIRTHDAY MONTH:**

JAN-JUNE: POTATOES, RICE, OR PASTA

JULY-AUGUST: GREEN SALAD

SEPT-OCT: COLD SIDE DISH OR VEGETABLES

NOV & DECEMBER: DESSERT

MEAT WILL BE PROVIDED BY D38 HOME GROUPS

SPEAKERS

50/50 RAFFLE

SOBRIETY COUNTDOWN

SUGGESTED DONATION OF \$10

**FOR MORE INFORMATION: RAY H.
 206-427-8228**

District 35

Gratitude Dinner

November 16th, 2024
5:00-9:30 PM

Doors open/Raffle Starts	5:00 PM
Dinner	6:00 PM
Speakers & Sobriety Countdown*	7:00 PM
Raffle Drawing	9:00 PM
Closing	9:30 PM

**Childcare available during speakers*

Turkey and Ham Provided by Groups
Please bring a side dish based on your AA Birthday:

Jan – May	Potatoes/pasta/other starch
Jun – Jul	Green Salad
Aug – Sep	Vegetable Side
October	Bread/Stuffing
Nov – Dec	Dessert

Pine Lake Covenant Church
1715 228th Ave SE, Sammamish, WA 98075
Questions? Call Carmen: 425-890-0283

ESIG YTD Group Contributions

Pg1

Group Name	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sep 24	TOTAL
12 & 12 Fellowship Hall						300.00		61.50		361.50
59 Minutes At Pine Lake				240.00						240.00
A Way Up							500.00			500.00
A Womans Way							62.40			62.40
Anchor Group		150.00				300.00			150.00	600.00
Anonymous	176.30	489.30	283.54	126.54	177.54	357.15	448.54	227.74	127.74	2,414.39
Bel-Kirk Saturday Breakfast		225.00								225.00
Bell East Lunch Group						250.00				250.00
Bellevue Group		250.00			300.00					550.00
Bellevue New Group							600.00			600.00
Benevity Fund Donation	300.00	1,100.00	400.00			400.00	400.00	400.00	1,000.00	4,000.00
Better Odds Sober	500.00									500.00
Big Book Step Study							96.00			96.00
Came To Believe (Carnation)		109.70								109.70
District 39		750.00								750.00
Duvall Candlelight				120.00						120.00
Eastside Beginners		64.70			132.90				73.30	270.90
Eastside Men's Group		227.00					557.00			784.00
Eastside Stag						400.00				400.00
Eastside Women	280.00				192.00					472.00
Fresh Start				300.00	300.00	300.00		100.00		1,000.00
Friday Night Firehouse	75.00		60.00				120.00			255.00
Friday Night Live and Let Live			187.50							187.50
Frontstream	2,240.00			1,920.00			2,240.00			6,400.00
Gay Men In Recovery								168.00		168.00
Grace Rules		111.00								111.00
Issaquah Breakfast Club					21.00		50.00		50.00	121.00
Juanita Triangle						250.00				250.00
Keep it Simple	25.00									25.00
Kenmore Big Book		215.82						142.00		357.82
Kirkland Attitude Modification	50.00			100.00						150.00
Kirkland Sobriety Headquarters		125.00		250.00			250.00			625.00
Ladies Step Study		86.40			83.20					169.60
Lifeline		200.00								200.00
Live and Let Live								402.00		402.00
Living Sober	375.00			668.06	31.09	170.05	177.05	719.96	150.44	2,291.65
Living Sober Online			773.25							773.25
Maximum Service		300.00					300.00			600.00
Mercer Island Thursday Night									100.00	100.00
Millennium Group						425.00				425.00
Moss Bay	750.00								281.00	1,031.00
Mt Si Friday Night				687.78						687.78
Mt Si Saturday Night				687.78						687.78
Nameless Bunch Of Drunks	1,000.00	1,000.00	1,018.71	1,000.00	1,000.00	1,000.00	1,005.00	1,000.00	1,000.00	9,023.71
Nameless Bunch of Drunks Intl	321.20	718.69	439.27	910.88	798.90	100.00	692.22	667.54	645.42	5,294.12
Nooners			500.00			500.00		500.00		1,500.00
Nooners Online		40.00	40.00	45.00						125.00
No Perfect People Allowed	130.85									130.85
North Creek Study Group	75.00			100.00			125.00			300.00
Online Solutions Group		50.00								50.00
Pine Lake Stag				100.00						100.00
Pocket of Enthusiasm							150.00			150.00
Practicing The Principles					663.00					663.00

ESIG YTD Group Contributions

Pg2

Group Name	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sep 24	TOTAL
Redmond Big Book Group					225.00					225.00
Redmond Recovery		250.00							250.00	500.00
Regla 62 Grupo		80.00		80.00	40.00			80.00	40.00	320.00
Saturday Women's Share		20.00	20.00							40.00
Serenity Break	845.34		1,540.79	899.28				9,000.00	881.00	13,166.41
Serenity Break Online	325.00		463.81				669.89	250.00	50.00	1,758.70
Serenity on Sunday				220.00						220.00
Seven & Sober	1,000.00	1,000.00	1,000.00	1,000.00	1,000.00	1,000.00	1,000.00	1,000.00	1,000.00	9,000.00
Silverlake Study Group		229.57			443.58					673.15
Sisters of the Forest	102.00	22.00	2.00	31.00	9.00	10.00	22.00	2.00	90.00	290.00
Sno Valley Women in Recovery							107.00			107.00
Sno-Valley Young Peoples	59.00	84.00	28.00	22.00	20.00	28.00	32.28			273.28
Snoqualmie Happy Hour							150.00			150.00
Snoqualmie Stag					199.80					199.80
Sober At Cottage Lake	50.00			50.00		50.00		50.00		200.00
Sober Camels								500.00		500.00
Sober Rebels							150.00			150.00
Sober Sisters East							450.00			450.00
Solutions Sunday			50.00							50.00
Steps to Freedom				100.00					100.00	200.00
Stillwater Serenity					57.00			82.40		139.40
Sunrise		1,151.91						2,169.00		3,320.91
The AA Team	125.00		30.00				50.00			205.00
The Camel and I				104.00						104.00
The Fourth Dimension Group	300.00			120.00						420.00
Tiger Mountain OSAT		268.00					320.00		20.00	608.00
Tons of Grace	366.00				300.00					666.00
Tuesday Night Issa Big Book Stag		266.50					106.50			373.00
Tuesday Night Solutions							100.00			100.00
Thursday Night Candlelight								150.00		150.00
Up The Creek		100.00								100.00
Wake Up	63.08	52.70	69.01	60.04	81.30	67.09	97.36	73.83	100.52	664.93
Women's Big Book Study	110.12									110.12
Women's Saturday Share			20.00	25.00	20.00	20.00				85.00
Women's Saturday Steps	232.77	25.00		469.99			190.95			918.71
Women In Recovery			200.00				300.00			500.00
Women of Worth									30.00	30.00
Woodinville Wed. Fellowship				174.50			114.50			289.00
	9,876.66	9,762.29	7,125.88	10,611.85	6,095.31	5,927.29	11,633.69	17,745.97	6,139.42	84,918.36

Office Information

Address: 13401 NE Bel-Red Rd., Suite B6
Bellevue, WA, 98005

Phone: 425-454-9192
24-Hours a Day

Email: esig@eastsideaa.org
Website: eastsideaa.org

Office Hours: Open!
Mon - Thurs 10AM-5:30PM
Fri 10AM-5:00PM

Office Manager: Doug H.
Email: doug_h@eastsideaa.org

Intergroup Representative Meeting
First Thursday of each month
7:30 pm-8:30 pm via Zoom

[https://zoom.us/j/181768191?
pwd=MG02L21hZXk1Y3N0UG1pZnlhSVFKQT09](https://zoom.us/j/181768191?pwd=MG02L21hZXk1Y3N0UG1pZnlhSVFKQT09)
All members welcome!

Pink Can Donations YTD

- Anonymous
- Eastside Women
- Friday Night Firehouse
- Kenmore Friday Nighters
- Kirkland Sobriety Headquarters
- Ladies Step Study
- Pine Lake Stag
- Sever and Sober
- Sunrise Group
- Women's Sat Steps
- Women's Step Study

\$2,118.51



Newsletter Contributors

Office Report	Doug H.
Newsletter Editor and Publisher	Kyle E.

Interested in sharing your experience, strength, and hope in this newsletter? Send your story to us!

newsletter@eastsideaa.org

Errata

- Probably something! Let you know next month!

Ed: This is where I provide corrections to the previous newsletters! As a volunteer and humble servant of Eastside Intergroup and A.A., I am prone to mistakes, and this new column is where I get to practice the principle of righting wrongs.

Eastside Intergroup, Districts, General Service Office & Area 72 Information

Eastside Intergroup
13401 NE Bel Red Rd. #B6
Bellevue, WA, 98005

Snoqualmie Valley, Duvall, North Bend
P.O. Box 1963
North Bend, WA, 98045

Western Washington Area 72
1901 Cornwall Ave #745
Bellingham, WA, 98225

District 38
Kirkland
P.O. Box 322
Kirkland, WA, 98083

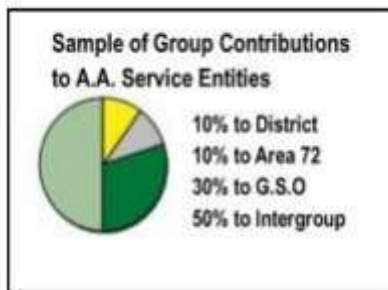
General Service Office (GSO)
P.O. Box 459
Grand Central Station
New York, NY, 10163

District 39
Bothell, Kenmore, Woodinville
P.O. Box 1695
Bothell, WA, 98041-1695

District 34
Bellevue, Redmond, East Lake
Sammamish, & Mercer Island
PO Box 50081
Bellevue, WA, 98015

District 35
Issaquah
P.O. Box 442
Issaquah, WA, 98027

District 36



Publication Information

The *Personal Stories*, *From the Spiral*, and *And Finally...* sections in *Pass It On* are the recovery experiences of the individual contributor. They are neither conference approved nor endorsed by the General Service Office of Alcoholics Anonymous

Pass It On is a publication of Eastside Intergroup

